

2020 Community Health Needs Assessment

Hancock Regional Hospital

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Hancock County Community Health Needs Assessment

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LETTER FROM THE HOSPITAL

To Our Community Members:

Hancock Regional Hospital is committed to providing high quality healthcare and exemplary customer service. Our goal with the attached Community Health Needs Assessment is to better understand the range of issues affecting the health needs of our community. We are pleased to present this comprehensive assessment of health care needs in our community. We look forward to working with you to optimize community health and continue meeting the Hancock Regional Hospital mission as caring community partners healing, improving health and wellness, alleviating suffering, and delivering acts of kindness one patient at a time.

During 2020, a Community Health Needs Assessment was conducted by Hancock Regional Hospital, with the support of healthy365 for the residents of Hancock County in Indiana. We partnered with diverse members of the community to conduct a community health needs assessment and to adopt an implementation strategy to address applicable needs detected during the assessment process.

Steve Long, President and CEO
Hancock Regional Hospital

HANCOCK REGIONAL HOSPITAL'S MISSION, VISION AND VALUES

Our goal at Hancock Regional Hospital is simple: To give every person the personalized attention necessary for a happy, healthy life. Our mission, vision, and values embody this goal.

Our Mission

To be a Caring Community Partner by healing, improving health and wellness, alleviating suffering, and delivering acts of kindness one patient at a time.

Our Vision

To be nationally recognized for kindness in the delivery of excellent quality patient care, efficient and effective operations, the adoption of proven technologies, the creation of a positive workplace environment, and excellence in community service.

Our Values

Compassion. Respect. Integrity. Excellence. Commitment.

EXECUTIVE SUMMARY

Hancock Regional Hospital is an Indiana-based, full-service healthcare network serving Hancock County and the surrounding areas. The health system includes Hancock Regional Hospital, Hancock Physician Network, and more than 20 other healthcare facilities including wellness centers, women's clinics, family practices, the Sue Ann Wortman Cancer Center, and healthy365, a community-focused, population health team. The goal at Hancock Regional Hospital is to give every individual the personalized attention necessary for a happy, healthy life.

Population health is an approach to health care that aims to improve not only the health of individual patients, but of the entire community. Through population health efforts, Hancock Regional Hospital continues to strengthen services with focus on the Triple Aim: simultaneously improving the health of the population served, enhancing the patient experience and outcomes, and reducing the cost of care.

For many healthcare and hospital leaders, discharge signals the end of patient care. However, Hancock Regional Hospital recognizes that for most patients it is just the beginning of their journey. Helping patients and their families through transition, while strengthening care and connections, shifts the focus from individual health care to optimizing the health of the community. This includes addressing the social determinants of health and promoting education and prevention strategies.

The team made notable progress since the last Community Health Needs Assessment in 2017. For example, Hancock Regional Hospital launched Gateway to improve the health of the population by increasing access to affordable screening, testing, earlier diagnosis and timely treatment. In addition, the hospital and the community conducted a follow up needs assessment focused on mental health and substance use disorder that engaged diverse stakeholders and mental health/substance use disorder treatment providers, inventoried resources, conducted a gap analysis, identified barriers and prioritized the significant mental health and substance use disorder prevention and treatment needs of the community. As a result of the needs assessment, Hancock Regional Hospital created the healthy365 Connection Center to provide education, navigation and warm handoffs to members of the community impacted by mental illness and/or substance use disorder in addition to addressing additional social determinants of health.

The 2020 Community Health Needs Assessment highlighted and prioritized the following significant health concerns and needs of the population in Hancock County:

- Cost of health insurance, healthcare, and/or medications
- Addiction, drug overdoses and tobacco use/vaping
- Mental health and suicide
- Chronic diseases (cancer, diabetes, heart disease, etc.)
- Obesity and access to healthy foods

The Community Health Needs Assessment Implementation Strategy to address the prioritized significant health concerns can be found on the website of Hancock Regional Hospital:

<https://www.hancockregionalhospital.org/about/population-health/>.

EXISTING HEALTH CARE FACILITIES AND RESOURCES SERVING OUR COMMUNITY

Hancock Regional Hospital Overview

Located in Greenfield, Indiana, Hancock Regional Hospital offers a broad range of services. The hospital is committed to providing patients and the community with a range of services, innovation, and medical excellence expected from a big city hospital with the comfort and convenience that comes from being close to home, family and friends. A key part of the Hospital's mission is to "never abandon a person in need of health care services in our community regardless of his or her ability to pay," and the Hospital is true to this mission. In addition to subsidizing Medicare and Medicaid reimbursements, the Hospital writes off millions of dollars each year for charity care.

History

Hancock Regional Hospital was the dream of Mrs. Fannie Andis. Mrs. Andis lost her one and only child at birth. She always felt that if a hospital was in Greenfield, her child would not have died. Ultimately, she began a crusade to bring a hospital to Greenfield. She donated the land to the county where the Hospital currently sits, and in 1951, Hancock Memorial Hospital was established. In 2005, the Hospital was renamed Hancock Regional Hospital.

Since then, Hancock Regional Hospital has provided Hancock County with the services of a full-service community hospital with a focus on primary care, patient comfort and convenience. Hancock Regional Hospital offers a high percentage of private rooms, and a highly skilled medical and professional nursing staff along with a state-of-the-art surgery department, 24-hour emergency services, OB services, progressive and critical care units, home healthcare, occupational health, a transitional care unit, a comprehensive oncology program including a state-of-the-art radiation oncology center, and a full complement of other inpatient and outpatient services.

In 2000, to meet the growing health and wellness needs of the community, Hancock Regional Hospital relocated its fitness facility, Lifetime Fitness, to a new and larger 33,000 square foot facility and renamed it Hancock Wellness, LLC. In 2016, a new medical fitness center opened in McCordsville, alongside the medical center as part of an integrated approach to healthcare. The goal of the medical center is to help encourage and assist individuals of all ages to work on their health and wellness, through education, therapeutic intervention, and fitness activities.

Between 2018 and 2021, Hancock Regional Hospital launched Gateway to improve the health of the population by increasing access to affordable screening, testing, earlier diagnosis and timely treatment. In addition, the hospital and the community conducted a follow-up needs assessment focused on mental health and substance use disorder.

Additional Healthcare Facilities and Resources

The community is home to other healthcare facilities and resources that complement the work of Hancock Regional Hospital. Please see Appendix A as well as <https://www.behealthy365.org/resources/> for a description of healthcare facilities and resources that are available to respond to the health needs of the community. Hancock Regional Hospital also created a

mental health pocket guide to help the community find resources and treatment for mental illness and substance use disorder. The guide can be found at: https://www.behealthy365.org/wp-content/uploads/2020/01/h365-Z-card-Directory_FINAL-5.pdf.

OUR COMMUNITY

Hancock Regional Hospital serves communities in and around Hancock County such as Henry and Rush Counties. The health system includes Hancock Regional Hospital, Hancock Physician Network and more than 20 other healthcare facilities such as wellness centers, women's clinics, family practices, the Sue Ann Wortman Cancer Center and healthy365. The main campus, Hancock Regional Hospital, is located in Greenfield and consists of 68 beds. A highly skilled medical and professional nursing staff anchors the hospital. The hospital consists of a state-of-the-art surgery department, 24-hour emergency services, women's and children's services, progressive and critical care, home healthcare, full range of rehabilitation services, transitional care unit, hospice services and a total oncology program with a cutting-edge radiation oncology center. Hancock Regional Hospital provides patients with private rooms and a full complement of inpatient and outpatient services.

According to the 2020 County Health Rankings, Hancock County is ranked 6th of 92 counties in health outcomes in Indiana. The ranking in health outcomes compares the health of counties within the state, measuring how long people live and how healthy people feel while alive. Hancock County is ranked 5th of 92 counties in health factors. Health factors represent what influences the health of a county, including social determinants, health behaviors, clinical care, and physical environment.

DEMOGRAPHICS OF OUR COMMUNITY

Population and Geographic Demographics

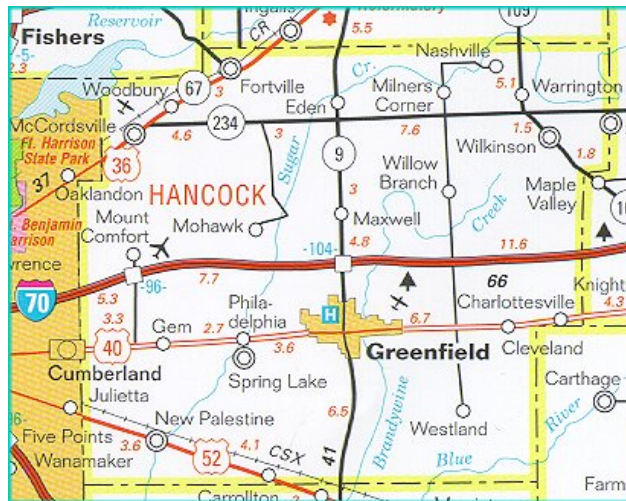
According to US. Census estimates and Stats Indiana, the 2019 population data for Hancock County was 78,168 people and is ranked in size as number 22 out of 92 counties in Indiana.¹ In 2016 the population was 73,765 people, ranked 22nd. In 2010, the population was 70,060, ranked 23rd. The projected population in 2030 is expected to continue rising to approximately 85,043 people. The largest city in Hancock County is Greenfield at 23,006 followed by McCordsville at 7,479 and Fortville at 4,162.² Many of the communities are in rural areas and the county has a significant amount of farmland. The following is a list of cities in Hancock County and their population sizes.

Cumberland: 6,017	Fortville: 4,162
Greenfield: 23,006	McCordsville: 7,479
New Palestine: 2,559	Shirley: 830
Spring Lake: 218	Wilkinson: 449

The following is a map with the key cities within the county.

¹ IN Indicators accessed on 6/11/20: http://www.stats.indiana.edu/population/popTotals/2019_cntyest.asp

² 2019 census estimate accessed on 6/11/20: <https://www.census.gov/data/tables/time-series/demo/popest/2010s-total-cities-and-towns.html>



The median age for Hancock County residents is 39.9. This is older than the median age in all of Indiana, which is 37.6 years old and the average throughout the U.S., which is 37.9 years old.

	Hancock County	Indiana	United States
Median Age	39.9	37.6	37.9

Source: American Community Survey 5-year average for 2018 (This method reduces error and outliers in the data.)

Gender is split between men and women at 50.7% female and 49.3% male. This data is close to the national average of 50.8.3% female and 49.2% male. The 5-year average racial/ethnic demographics from 2014 – 2018 for Hancock County was 92.8% White/Caucasian, 2.3% Latinx/Hispanic, 2.1% African American/Black, and 0.8% Asian. Below is a chart with the comparison between Hancock County, Indiana and the United States.

	Hancock County	Indiana	United States
White/Caucasian	92.8%	79.5%	61.1%
African American/Black	2.1%	9.2%	12.3%
Latinx/Hispanic	2.3%	6.8%	17.8%
Asian	0.8%	2.2%	5.4%
Other	2%	2.3%	3.4%

Source: American Community Survey 5-year average for 2018 (This method reduces error and outliers in the data.)

In 2018, the Hancock County racial/ethnic demographics were White/Caucasian (94.9%), African American/Black Alone (2.1%), Two or More race groups (1.8%), Asian Alone (0.8%), and American Indian or Alaska Native Alone (0.6%). This population included 2.3% of people who were Latinx/Hispanic.³

Social Determinants of Health

Social determinants of health are an important driver in the health of a community. A social determinant of health is a health assessment measurement that often predicts the inequality or the

³ American Community Survey 5-year average for 2014-2018

health outcomes of different communities. This section will analyze unemployment rates, poverty rates, average income, level of education, behavioral indicators (such as rates of obesity, smoking, and excessive drinking), rates of disease (such as diabetes, cancer, and heart disease), and access to healthcare.

The 2014-2018 five year average unemployment rate in Hancock County was 2.8% compared to the overall rate in Indiana of 5.4%. 7.1% of individuals in Hancock County were living in poverty. The average household income was considerably higher in Hancock County than throughout the rest of Indiana. In Indiana the average household income was only \$54,235 compared to a Hancock County average of \$73,142. Out of 28,215 households, there were 8,719 households that make over \$100,000, which is a much higher percentage than throughout all of the United States.

2014-2018 Five Year Average			
Region:	Hancock County	Indiana	United States
Unemployment rate	2.8%	5.4%	5.9%
Poverty level	7.1%	14.1%	14.1%
Median household income	\$73,142	\$54,325	\$60,293

Source: American Community Survey 5-year average for 2018 (This method reduces error and outliers in the data.)

2014-2018 Five Year Average

Region:	Hancock County	Indiana	United States
No High school degree	6.2%	11.4%	12.4%
High school degree only	32.8%	33.5%	27.1%
Some college	30.7%	29.1%	30%
Bachelor's degree or higher	30.3%	25.9%	31.5%

Source: American Community Survey 5-year average for 2018 (This method reduces error and outliers in the data.)

Youth Health Indicators

Rates:	Hancock County
2018 Child Poverty	6.6%
2017 Food Insecurity	14%
2019 Students receiving reduced or free lunch	27.5%
2018 Babies born with low birth weight	5.3%
2018 Mothers smoking during pregnancy	7.1%
2018 Mothers receiving first trimester pre-natal care	85.4%
2018 Teen birth rate per 1000	9.9

Source: Indiana Youth Institute 2020 Indiana Kids Count Data Book; https://iyyi-website.s3.amazonaws.com/data-book/2020+Data+Book+/2020_IYI_Databook_Web.pdf

Behavioral indicators and certain disease rates such as smoking rates, obesity rates, rates of excessive drinking among the population, rates of diabetes, heart disease, and average poor mental and physical health days are often predictive data to the health of a community.

2020 Behavioral Indicators and Disease Rates

Rates:	Hancock County	Indiana
Smoking	17%	22%
Obesity	38%	33%
Excessive drinking	18%	18%
Insufficient sleep	33%	36%
Poor physical health days	3.8	4.2
Poor mental health days	4.1	4.7
Diabetes Prevalence	13%	12%

Source: 2020 County Health Rankings and Roadmaps program, <https://www.countyhealthrankings.org>

Overall, Hancock County has more positive results than Indiana as a whole. The diabetes and obesity rates are slightly higher than the average throughout Indiana but only by a small margin. Another critical determinant in health outcomes is access to healthcare both physically and financially. 6% of the population in Hancock County is without healthcare insurance, which is slightly lower than the 10% of the population throughout Indiana that is left without coverage.⁴ In Hancock County there are approximately 1,470 members of the population for every 1 mental health care provider. This is considerably lower than the ratio throughout Indiana of 620 individuals to 1 mental healthcare provider.⁵

There are many factors that make up the overall health of a community. Hancock County ranks 6th out of 92 counties in Indiana for length of life with a life expectancy of 78.8 years. 15% of residents have poor or fair health with 11% experiencing frequent physical distress and 12% experiencing frequent mental distress. Behavior is an important factor in personal health, and in Hancock County 17% of adults smoke and 18% reported excessive drinking. 25% reported being physically inactive and adult obesity is 38%, 5% higher than the statewide number. The diabetes rate is 13%. 10% of residents have food insecurity, while 7% reported limited access to healthy foods. 6% of residents are uninsured. Mammography screening at 50% and flu vaccinations at 57% are both considerably higher than the rest of the state. There were 2 homicides and 16 suicides in the county.

Source: 2020 County Health Rankings and Roadmaps program, <https://www.countyhealthrankings.org>

Trends over Time

2015-2020 Health Indicator trends

	2015	2020
Overall health outcomes state ranking	26	6
Length of life state ranking	17	9
Population in poor or fair health	18%	15%
Diabetes prevalence	11%	13%
Adult smoking	23%	17%
Adult obesity	31%	38%
Physical inactivity	27%	25%
Excessive drinking	16%	18%

⁴ County Health Rankings accessed on 6-23-20: <https://www.countyhealthrankings.org/app/indiana/2020/rankings/hancock/county/outcomes/overall/snapshot>

⁵ County Health Rankings accessed on 6-23-20: <https://www.countyhealthrankings.org/app/indiana/2020/rankings/hancock/county/outcomes/overall/snapshot>

Hancock County has made significant improvement in the last 5 years in the overall health of its population. Its state ranking for overall health outcomes and length of life saw large increases. However, adult obesity saw a significant increase over this time period, which may also partially explain the increase of diabetes prevalence.

COMMUNITY HEALTH NEEDS ASSESSMENT GOALS

Hancock Regional Hospital conducted a community health needs assessment (CHNA) in 2020 in order to identify significant health needs within the community in an effort to ultimately improve the health status of the area's residents and facilitate collaboration among the community and ensure compliance with federal guidelines. A community health needs assessment is a useful way to organize and reflect upon the health of a community to ascertain and address the areas of greatest concern. This assessment had several goals such as identification and documentation of:

- Community health needs
- Health services offered in the Hospital's service area
- Significant gaps in health needs and services offered
- Barriers to meeting any needs that may exist
- Gathering community input in order to develop a robust Community Health Implementation Strategy

Other goals of this assessment were:

- Strengthen relationships with local community leaders, healthcare leaders, providers, other health service organizations, and the community at large
- Provide quantitative and qualitative data to help guide future strategic planning, policy, and business and clinical programming decisions

The principles used to conduct this Community Health Needs Assessment included:

- Cross system collaboration
- Broad, diverse community input and engagement
- Accurate data representative of the county
- Attention to health equity and reducing disparities within underserved populations
- Transparency, community engagement and accountability at every step in the process such as survey design, survey implementation, priority setting and implementation strategy development, and results-oriented implementation
- Research-based solutions and transformative pilots with clear measures of success
- Thorough evaluation and data-driven continuous improvement

PROCESS FOR CONSULTING WITH PEOPLE REPRESENTING THE COMMUNITY'S INTERESTS

Hancock Regional Hospital partnered with people who represent the broad interests of the community served by the hospital. The Hancock Regional Hospital team took into account input from a cross-organization, diverse group of people who represent the community from January 2020 until August 2020. The COVID-19 health crisis occurred during the Community Health Needs Assessment, but did not adversely impact the team's ability to complete the assessment and implementation strategy on time.

Members of medically underserved, low-income, and minority populations in the community were proactively engaged through direct contact with service providers from various health and social service providers throughout the community. In addition, individuals and organizations serving or representing the interests of medically underserved, low-income, and minority populations in the community were consulted.

Individuals with special knowledge of or expertise in public health were engaged in the process. For example, experts from the county public health department were consulted and they helped to distribute the community health questionnaire. To ensure alignment with the state health department, the most recent Indiana State Health Assessment and Improvement Plan was utilized as a secondary data source. According to the May 2018 – December 2021 Indiana State Health Assessment and Improvement Plan, the top ten priorities of local Community Health Needs Assessments in Indiana included:

- Access to care
- Mental health and behavioral health
- Obesity
- Substance abuse disorder
- Nutrition and physical activity
- Diabetes
- Tobacco use
- Heart disease
- Cancer
- Maternal and infant health

The needs and priorities identified at the state level were fairly consistent with the primary data collected within the community. The State of Indiana is focusing on the following priorities for the May 2018 – December 2021 State Health Improvement Plan.

- Improve birth outcomes and reduce infant mortality
- Address the opioid epidemic
- Reduce rates of chronic disease
- Improve the public health infrastructure

Hancock Regional Hospital partnered with its healthy365 team to actively engage community stakeholders and experts to implement a robust Community Health Needs Assessment. The mission of healthy365 is to promote health, happiness, and wholeness in Hancock County. The vision is to create healthy environments for a better quality of life. healthy365 consists of five teams with diverse members of the community: System of Care, Congregational Network, Healthier Choices, Workplace Wellness and Tobacco Free Coalition. These teams represent over 80 businesses, agencies, and nonprofits in the community, 29 churches, and well over 300 leaders in the community.

The hospital facility actively consulted with organizations such as, but not limited to:

- Numerous healthy365 partners (*Please see the list of partners in Appendix B*)
- Hancock County Health Department
- Hancock Physician Network
- Hancock County System of Care (*Please see the list of members in Appendix A*)
- Hancock Regional Health Congregational Network (*Please see the list of members in Appendix C*)

Diverse stakeholders such as those depicted in the following diagram were engaged in the process.



Members of the community as well as experts provided input throughout the process including feedback about:

- Data collection and content of the community questionnaire
- Distribution of the community questionnaire
- Progress since the 2017 Community Health Needs
- Special needs of underserved, racial/ethnic, and low income populations
- Significant health needs emerged during the COVID-19 pandemic
- Results of the community questionnaire, data analysis and top priorities
- Top priority significant health needs
- Development of the Implementation Strategy

Additional information about the process for consulting with people representing the community's interests can be found in the section of this report about the process for identifying and prioritizing community health needs and services to meet the community health needs.

PROCESS AND CRITERIA FOR IDENTIFYING AND PRIORITIZING COMMUNITY HEALTH NEEDS AND HOW DATA WAS OBTAINED

Documenting the healthcare needs of a community allows healthcare organizations to design and implement high impact strategies that improve the health of the population served. Hancock Regional

Hospital used a comprehensive data-focused assessment process to uncover key health needs and concerns related to education, prevention, detection, early intervention, diagnosis, and treatment. Hancock Regional Hospital used the following process for identifying and prioritizing community health needs and services to meet the community health needs and inform the implementation strategy.

- Engaged key community stakeholders and experts at every step of the process
- Reviewed and assessed the progress since the previous Community Health Needs Assessment in partnership with the community
- Developed a community survey with robust, diverse community and expert input
- Collected data in partnership with the community and experts
 - Community survey
 - Secondary data
 - Health system data
 - Focus Groups
 - Interviews
- Analyzed the data
- Examined the special needs of underserved, racial/ethnic, and low income populations in order to identify and address health equity concerns
- Determined if any additional significant health needs emerged during the pandemic
- Gained community and expert input on the results of the survey, data analysis and top priorities
- Prioritized the significant health needs in partnership with the community and experts
- Created the Implementation Strategy in partnership with the community and experts to address the top priority significant health needs
- Obtained board approval of the Community Health Needs Assessment and Implementation Strategy

The assessment was developed to identify the significant health needs in the community and gaps that may exist in services provided. It provided the community with information to assess essential healthcare, preventive care, health education, and treatment services. This endeavor represents the hospital's efforts to share information that can lead to improved healthcare and quality of care available within the community, while reinforcing and improving the existing infrastructure of services and providers.

Data was obtained via a community health questionnaire, state health department data and priorities, numerous secondary data sources, de-identified health provider data, focus groups and interviews. To ensure broad community input, participants of the Community Health Needs Assessment were given a community questionnaire of fifty-four questions. There were five demographic questions, twenty-five questions focused on physical/general health and wellbeing, and twenty-four questions focused on mental health and substance use. Community members taking the survey were asked to select their top three concerns that impact the health/wellbeing of the people who live in Hancock County. Participants were then asked to respond to the following question, "In your opinion, how much of a problem are each of the following health topics for Hancock County?" The participants were given five response options: no problem, little problem, medium problem, big problem, and unsure.

These health topics were as follows and were accompanied by a series of questions for each subject.

- General health behaviors
- Access to services

- Barriers to healthcare
- Barriers to mental health and/or addiction treatment and services
- Use of alcohol, tobacco products and other drugs in adults 21 years old and older
- Use of alcohol, tobacco products and other drugs in youth under 21 years old

Individuals completing the survey were asked to identify the one service that would be most helpful during a medical crisis. The final series of non-demographic questions solicited input about personal health behaviors, support systems, stress levels, perceived health ratings, life satisfaction and legal documentation regarding a healthcare representative. The survey concluded with several demographic questions. A copy of the questionnaire is available in Appendix D.

The CHNA was led by healthy365 and data collection was a grassroots effort by all community partners. healthy365 teams that participated include local businesses, schools, healthcare providers, mental health service providers, libraries, banks, faith-based agencies, law/justice departments, childhood intervention, developmental disability agencies, various nonprofit organizations, churches, community members and youth. Needs were discussed in focus groups and data was collected from individuals who live, work and learn in Hancock County and the Hancock Regional Hospital service area.

All five healthy365 teams (Healthier Choices, Workplace Wellness, Tobacco Free Coalition, System of Care and the Congregational Network) were included in a focus group used to provide input and feedback on the question format, content and administration process of the questionnaire. The Community Health Needs Assessment questionnaire was distributed by Hancock Regional Hospital and a broad variety of community partners. The final questionnaires were dispersed via paper copies and electronically. Each of the healthy365 teams provided the questionnaire directly to their staff, clients, and members served and encouraged feedback. The questionnaire also was distributed in person at local community events, shared at the county health department, offered in all physician offices at the end of each visit, available on Hancock Regional Hospital patient portal and various social media sites, and promoted by social service agencies, business leaders, schools, nonprofit agencies, and civic leaders. Disadvantaged populations were reached through direct contact with service providers from various organizations and providers throughout the community.

Nine hundred and five questionnaires were completed between the months of January 2020 and April 2020. The questionnaire was distributed among a variety of populations and age groups. Partners of healthy365 engaged all facets of the community to ensure there was representation from all demographics. The team proactively eliminated barriers to completing the questionnaire. A summary of the results of the questionnaire is in Appendix F.

Once data was collected and analyzed, meetings with community stakeholders, experts, and hospital leadership were held to discuss key findings as well as refine and prioritize the comprehensive list of community needs, services and potential gaps. Needs were determined to be priorities by:

- Frequency that an issue was selected as a top health concern by all participants
- Frequency that an issue was selected as a top health concern by underserved and special populations
- The level of response citizens gave to health issues: no problem, small problem, medium problem, big problem, or unsure

- Focus group discussion prioritization
- Hancock County Health Department and other expert interviews and feedback
- Alignment with Indiana Department of Health data and other secondary data sources

After the priorities were selected, a broad group of stakeholders helped to create the Implementation Strategy that was approved by the Hancock Regional Hospital's Board of Trustees.

PRIMARY AND CHRONIC NEEDS OF UNDERSERVED POPULATIONS

Identifying the primary and chronic disease needs and other health issues of uninsured persons, low-income persons and minority groups was a key priority during the Community Health Needs Assessment process. Healthcare, non-profit, social service and other providers proactively encouraged these populations to provide input so that the community could address their needs.

Twenty percent or more of all survey respondents selected the following as the top concerns that impact the health and well-being of the people who live in Hancock County.

- Cost of health insurance, healthcare, and/or medications (57% of all participants)
- Addictions and drug overdoses (41%)
- Mental health and suicide (41%)
- Chronic diseases (cancer, diabetes, heart disease, etc.) (21%)
- Obesity (20%)

The following chart depicts the race and ethnic backgrounds of the individuals who responded to the Community Health Needs Assessment questionnaire. Over 9% of the respondents did not select a race.

Respondent Race and Ethnic Backgrounds
Individuals were asked to mark all that apply.

Answer Choices	Responses	
African American/Black	1.10%	9
Caucasian/White	96.95%	796
Asian	0.73%	6
American Indian or Alaska Native	0.97%	8
Latinx/Hispanic/Spanish	1.46%	12
Native Hawaiian or Pacific Islander	0.00%	0
Other	0.49%	4
	Answered	821
	Skipped	84

Individuals who are African American/Black represent approximately 2.1% of the community's population, but only 1.1% of the survey respondents identified as African American/Black, so a separate data analysis was conducted to examine the responses of the individuals who are African American/Black. Because there was a lower percentage than the general population, follow-up

questions about the health needs of individuals who are African American/Black were included in the focus group discussions. Respondents who are African American/Black chose the following as the community's top three health/well-being concerns.

- Cost of health insurance, healthcare, and /or medications (63% of individuals who are African American/Black)
- Addictions and drug overdoses (38%)
- Mental health and suicide (38%)

Individuals who are Latinx and/or Hispanic represent approximately 2.3% of the community's population, but only 1.5% of the survey respondents identified as Latinx/Hispanic, so a separate data analysis was utilized to separately study the input from this population. In addition, follow-up questions about the health needs of individuals who are Latinx/Hispanic were included in the focus group discussions because there was a lower percentage than the general population. Individuals who are Latinx/Hispanic selected the following top three concerns that impact the health/well-being of the people who live in Hancock County.

- Cost of health insurance, healthcare, and /or medications (64% of individuals who are Latinx and/or Hispanic)
- Addictions and drug overdoses (46%)
- Obesity (36%)

Questionnaire participants who are Caucasian/White chose the following top three concerns that impact the health/well-being of the people who live in Hancock County.

- Cost of health insurance, healthcare, and/or medications (57% of all participants)
- Addictions and drug overdoses (41%)
- Mental health and suicide (41%)

Respondents who are Native American or Alaska Native selected the following top three concerns that impact the health/well-being of the people who live in Hancock County.

- Cost of health insurance, healthcare, and/or medications (88% of all participants)
- Mental health and suicide (50%)
- Addictions and drug overdoses (38%)

People who are Asian identified the following top concerns that impact the health/well-being of the people who live in Hancock County. Four concerns are listed because three of the concerns were tied for the second health concern.

- Chronic diseases (cancer, diabetes, heart disease, etc.) (67%)
- Cost of health insurance, healthcare, and/or medications (50% of all participants)
- Addictions and drug overdoses (50%)
- Senior services (50%)

The following chart lists the top six overall health concerns as well as the percentage of each racial or ethnic sub-group that identified the problem as a top health and well-being issue.

Top Six Overall Health/Wellbeing Concerns
Percentage of respondents of each race or ethnicity selecting the concern

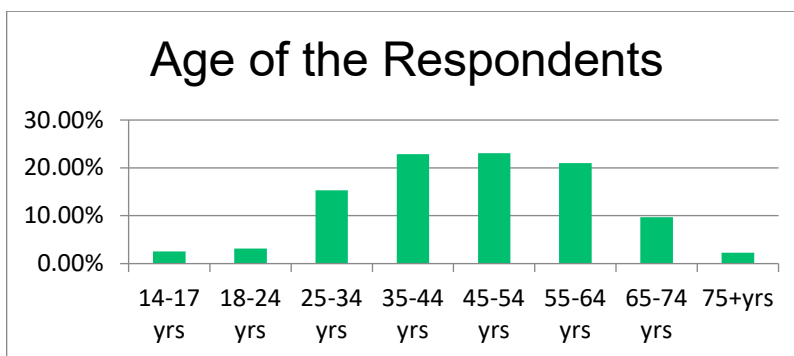
Top Health Concerns	All Participants	Individuals who are African American/ Black	Individuals who are Latinx and/or Hispanic	Individuals who are Caucasian/ White	Individuals who are Native American or Alaska Native	Individuals who are Asian
Cost of health insurance, healthcare, & /or medications	57%	63%	64%	57%	88%	50%
Addictions and drug overdoses	41%	38%	46%	41%	38%	50%
Mental health and suicide	41%	38%	18%	41%	50%	33%
Chronic diseases (cancer, diabetes, heart disease, etc.)	21%	13%	27%	21%	0%	67%
Obesity	20%	0%*	36%	21%	12.5%	33%
Tobacco using/Vaping	18%	0%	18%	19%	12.5%	0%

* None of the respondents who identified as African American/Black selected Obesity as one of their top health concerns, but 25% selected access to healthy food, so access to healthy food will be added to the obesity priority.

HEALTH CONCERNS BY AGE AND GENDER

Respondents by age group

The responses ranged from people 14-17 years old up to individuals 75 years old and older. 9% of the respondents did not provide an age. The age distribution of the participants is shown in the following graph.



All of the age groups selected cost of health insurance, healthcare, and /or medications, addictions and drug overdoses, and mental health and suicide as top health concerns except the respondents 75 years old and older. People 75 and older selected cost of health insurance, healthcare, and/or medications,

addictions and drug overdoses, and chronic diseases (cancer, diabetes, heart disease, etc.) and ranked mental health and suicide as a top health issue only 11% of the time.

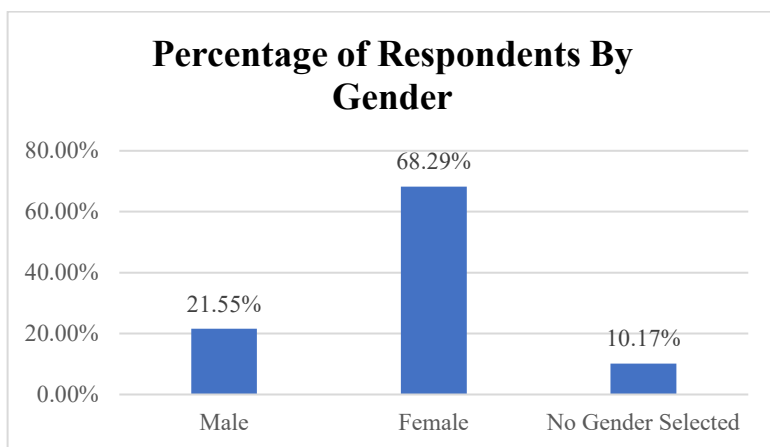
Respondents ages 14 – 24 years old ranked tobacco using/vaping as a top health concern more frequently than other age groups. Individuals 14 – 24 selected cost of health insurance, healthcare, and/or medications as a top issue, but chose it less frequently than other age groups. The following chart lists the frequency that an age group selected one of the overall top health and wellbeing issues.

Overall Top Health/Wellbeing Concerns by Age

	All Participants	14-17 years old	18-24 years old	25-34 years old	35-44 years old	45-54 years old	55-64 years old	65-74 years old	75+ years old
Cost of health insurance, healthcare, & /or medications	57%	33%	35%	48%	54%	61%	66%	63%	58%
Addictions and drug overdoses	41%	67%	46 %	40%	38%	45%	43%	38%	42%
Mental health and suicide	41%	57%	38%	42%	47 %	46%	34%	30%	11%
Chronic diseases (cancer, diabetes, heart disease, etc.)	21%	19%	4%	17%	24%	21%	22%	24%	42%
Obesity	20%	0%	19 %	25%	18%	15%	23%	26%	26%
Tobacco use/vaping	18%	29%	35%	12%	21%	20%	17%	15%	16%

Respondents by gender

68.29% of the participants identified as female, 21.55% identified as male and 10.17% did not select male or female.



Men represent approximately 49.2% of the population in the community, but only 21.55% of the survey respondents identified as male. In order to ensure the needs of this population were represented, a separate data analysis was conducted to examine the responses of the male respondents. Because there was a lower percentage of male respondents than the general population, follow-up questions about the health needs of men were included in the focus group discussions. Fifteen percent or more of the males who responded to the questionnaire selected the following as the community's top health/well-being concerns.

- Cost of health insurance, healthcare, and /or medications (52% of men)
- Addictions and drug overdoses (44%)
- Mental health and suicide (36%)
- Obesity (26%)
- Tobacco using/Vaping (24%)
- Chronic diseases (cancer, diabetes, heart disease, etc.) (20%)

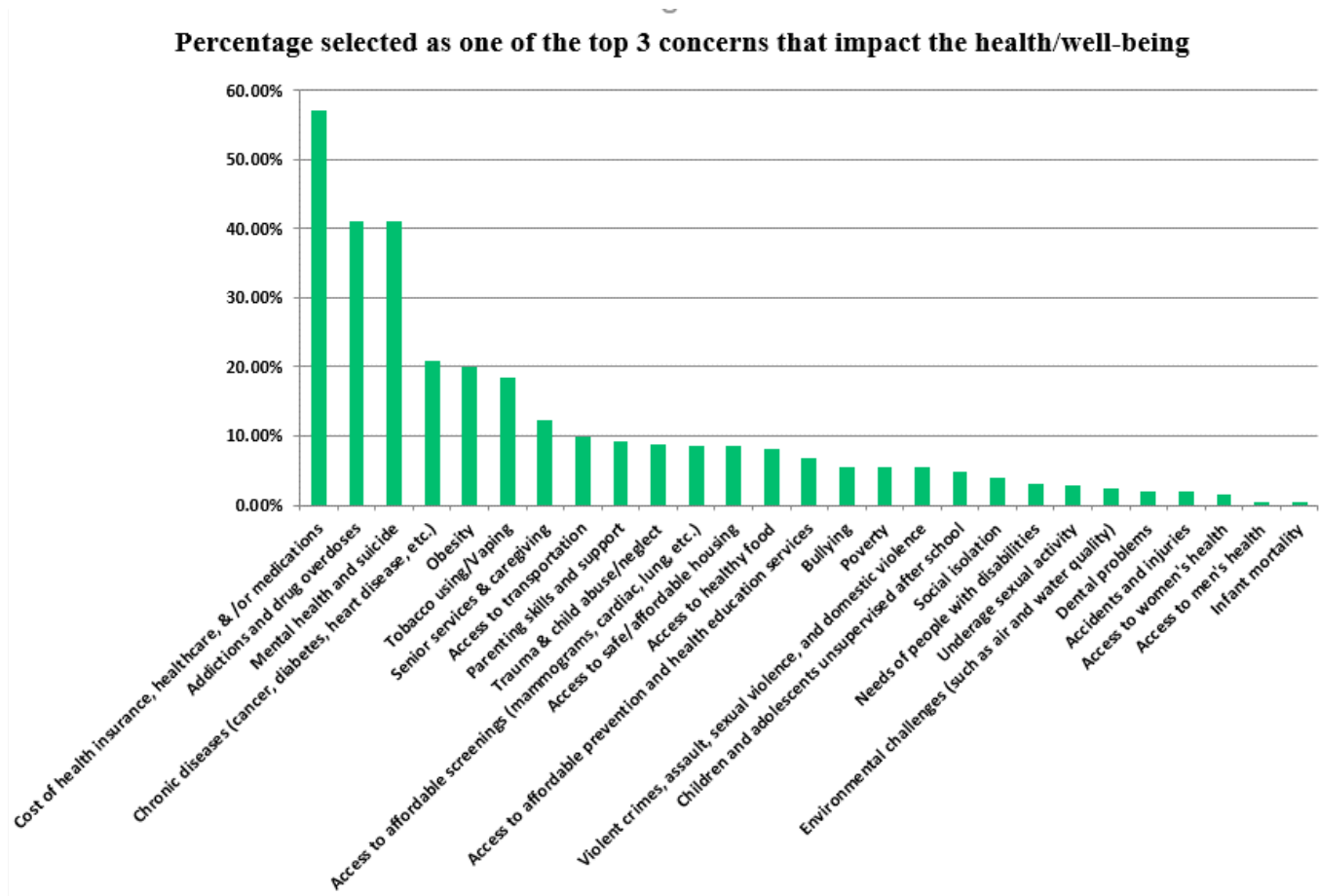
All participants as well as the subgroup of men and subgroup of women identified the same top six health concerns. Both subgroups of genders selected the cost of health insurance, healthcare, and/or medications as their top concern with women ranking it higher than men. The men chose addictions and drug overdoses as their second health concern and mental health and suicide as their third concern. The women ranked mental health and suicide as their second health concern and addictions and drug overdoses as their third concern. Below is a comparison of the percentage of respondents selecting each concern.

Top Health/Wellbeing Concerns by Gender
Percentage of respondents selecting the concern

	All Participants	Men	Women
Cost of health insurance, healthcare, & /or medications	57%	52%	59%
Addictions and drug overdoses	41%	44%	41%
Mental health and suicide	41%	36%	43%
Chronic diseases (cancer, diabetes, heart disease, etc.)	21%	19%	22%
Obesity	20%	26%	19 %
Tobacco use/vaping	18%	24%	17%

THE SIGNIFICANT HEALTH NEEDS OF THE COMMUNITY

The following chart depicts the percentage of respondents who selected an issue as one of their top three health and well-being concerns for Hancock County.



Members of the community reviewed the top needs, other questionnaire data and additional secondary data. The data highlighted needs that were very consistent with the previous chart. After robust input from diverse stakeholders, experts and underserved populations, the following top five priorities were selected based on their impact on the health and well-being of the community. Tobacco use/vaping was added to the addiction and drug overdoses priority since many population sub-groups, especially respondents 14-24 year old, identified it as an issue. Access to healthy food was included in the fifth priority of obesity to address the concerns identified during the racial and ethnic subgroup analysis.

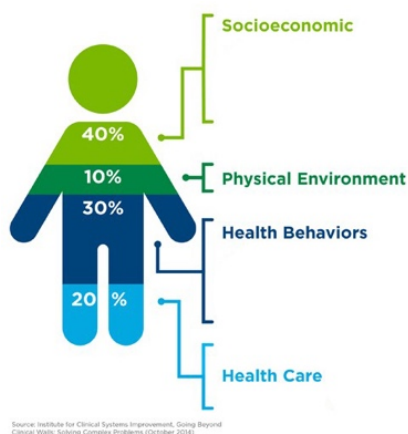
1. Cost of health insurance, healthcare, and/or medications
2. Addiction, drug overdoses and tobacco use/vaping
3. Mental health and suicide
4. Chronic diseases (cancer, diabetes, heart disease, etc.)
5. Obesity and access to healthy foods

THE IMPACT OF ACTIONS TAKEN TO ADDRESS THE SIGNIFICANT HEALTH NEEDS IDENTIFIED IN THE HOSPITAL FACILITY'S PRIOR CHNA

There was a noteworthy impact of actions taken to address the significant health needs identified in the hospital facility's prior Community Health Needs Assessment (CHNA). Hancock Regional Hospital's 2017 CHNA report identified four significant health needs in the community:

- Community Perception of General Health Behaviors
- Perception of Drug and Alcohol Use
- Limited Access to Mental Health and Addictions Services
- Perception of Tobacco and Nicotine Use

Hancock Regional Hospital recognized that healthcare was only one of several important aspects to achieving these goals and improving the health of the population. In order to make lasting change, the health system partnered to address healthcare, health behaviors, socioeconomic and physical environment factors.



Hancock Regional Hospital created the following five healthy365 teams and engaged the community to address the holistic needs of the population.

- Congregational Network
- Healthier Choices
- System of Care
- Tobacco-Free Coalition
- Workplace Wellness

The group focused on changing the culture about health and well-being.

Changing Culture



healthy365
connection center



Hancock Regional Hospital inspired the follow health-related community events and coalitions.



healthy365
connection center



Examples of important actions taken to address the significant health needs identified in the 2017 CHNA include:

Physical Health: Educated and promoted the importance of physical activity and proper nutrition to the community.

- Hancock Regional Hospital led Population Health efforts for Hancock County and worked to address the social determinants of health with innovative solutions and community engagement.
- Hancock Regional Hospital partnered with local farmers to provide fresh produce at a reduced cost for those who reside in food deserts or have limited income and chronic medical conditions.
- Hancock Regional Hospital implemented a 6 week 5210 nutrition and physical activity program for 2nd grade during gym class at two elementary schools in Hancock County. 5210 is

aligned with state mandates for physical education and encourages healthy choices and healthy behaviors through education and reward.

- Hancock Regional Hospital actively supported the Hancock County trails plan coalition and was a fiscal sponsor for the Hancock County Trails Plan that was adopted into the County Thoroughfare plan. Hancock Regional Hospital also engaged in the implementation committee for the plan and assisted individual communities in pursuing a Bicycle Friendly Community Designation.
- healthy365 coordinated the annual Superhero 5K/Fitness Festival to promote social engagement and physical activity. The Superhero 5K/Fitness Festival became one of the top two largest 5k events in Hancock County.
- healthy365 organized an annual Hancock Flat 50 which was a large, timed bike event that attracted people from more than 7 states to participate. In addition to the main Hancock Flat 50 event, the team organized social events and weekly group rides 7 months of the year.
- Hancock Regional Hospital included a map on its website to help the community to find parks, fitness centers, trails, playgrounds, and other forms of physical exercise/recreation. The map is at: <https://www.behealthy365.org/resources/play365/explore-hancock-county/>
- healthy365 partnered with Hoosier Harvest Market and Hancock County Purdue Extension to provide 5 cooking and nutrition education classes starting in 2018.

Mental Health/ Substance Use Disorder: Collaborated with local partners to reduce stigma through educating the community.

- Following the hospital's 2017 CHNA, Hancock Regional Hospital commissioned a deeper assessment and implementation plan to further address mental health and substance use disorder concerns. The assessment highlighted the following priorities:
 - Rapid access and connection to care, navigation/warm handoff connection to timely mental health and substance use disorder services.
 - Integrated school-based prevention, early mental health and substance use disorder intervention and treatment services for students and their families.
 - Shortened wait times and follow up after mental health and substance use disorder crisis assessment/treatment.
 - Mental health and substance use disorder prevention, early intervention, education and training; reduction of stigma.
- As a result of the mental health and substance use disorder assessment, Hancock Regional Hospital championed the following service enhancements:
 - Built and launched a new healthy365 Connection Center that provides health navigation and care coordination for people needing mental health and/or substance use disorder services.
 - Sponsored school-based prevention programming as well as advocated for accessible treatment and school-based prevention clubs.
 - Created a plan to expand mental health and substance use disorder treatment at Hancock Counseling.
 - Encouraged the Hancock County System of Care partners to address the needs identified in the assessment.
- healthy365 hosted an annual Rise Above It event each year to promote awareness of mental health with a focus on stigma reduction. The attendance of the events ranged from 130-275 members of the community.

- healthy365 hosted its first virtual 4-day mental health awareness training forum featuring 2 hours of programming per day.
- healthy365 partnered with the Greenfield Police Department and Hancock County Sheriff Department in planning, funding and facilitating Crisis Intervention Team trainings for all approximately 100 Hancock County first responders.
- healthy365 partnered with Cumberland Police Department to offer Mental Health First Aid Training to providers and individuals at Hancock Regional Hospital twice per year. A total of 85 individuals were trained in Mental Health First Aid.
- healthy365 staff were certified as Question, Persuade, Refer (QPR) instructors and trained approximately 1,500 members of the community in QPR in order to raise awareness for suicide prevention. In addition, healthy365 funded the training of 9 local school staff to be QPR certified instructors so that they could facilitate suicide prevention training internally moving forward.
- healthy365 partnered to strengthen relationships between schools, healthcare, and service providers resulting in:
 - All 4 school districts implemented mental health clubs/awareness activities
 - All school staff in Hancock County trained in QPR for Suicide Prevention
- Hancock Regional Hospital partnered with other community organizations to create and promote new support groups and education classes such as:
 - NAMI Peer to Peer
 - NAMI Friends and Family
 - Strengthening Families
 - Parent Cafes
- healthy365 sponsored training about Human Trafficking Awareness for 98 community members.
- Hancock Regional Hospital participated in and promoted the Tobacco Coalition initiatives.
- Hancock Regional Hospital hosted a Remedy Live – Get Schooled Tour and mental health convocation for all four Hancock County High Schools that educated approximately 4,200 students.
- Hancock Regional Hospital facilitated tobacco education classes and social media messages that reached approximately 3,963 youth in 2018, 8,525 in 2019 and 19,472 students in 2020.
- healthy365 created and distributed 18,000 mental health resource pocket guides. The guide can be found at: https://www.behealthy365.org/wp-content/uploads/2020/01/h365-Z-card-Directory_FINAL-5.pdf.

Access: Coordinated improved access to mental, physical and nutritional resources with local partners.

- Hancock Regional Hospital utilized its charity care program to help improve access.
- Hancock Regional Hospital implemented a county-wide, multidisciplinary team to foster communication, networking and engagement.
- healthy365 developed a database to store an electronic version of the paperback Hancock County Resource Guide to improve access to services county wide. The team also created an Electronic Resource Guide and website designed to be a source of information for whole health and wellness.

- healthy365 facilitated monthly System of Care meetings averaging 50 people per month to continue efforts of improving access to mental health and substance use disorder services in Hancock County.
- healthy365 facilitated quarterly outreach meetings to improve knowledge and referrals of family serving agencies that averaged 80 individuals per month.
- Hancock Regional Hospital in partnership with local farmers provided affordable produce and protein to identified individuals in need at least twice per month through the Hancock Harvest program. The Hancock Harvest Program provided prescribed nutrition which was locally sourced to individuals with chronic illness with financial barriers to healthy foods. The program addressed food insecurity for individuals whose health is reliant on nutrition.
- Hancock Health Congregational Network provided educational workshops and one on one visits with hospital patients to promote social support networks and improve health behaviors. 29 faith-based partners supported health and wellness within their faith-based organization. Each congregation identified 1-3 trusted volunteer liaisons that obtain training by Hancock Regional Hospital and serve as primary contacts for members within their faith community. 1,036 individual members participated in the Congregational Network that:
 - Facilitated education opportunities and support within the church congregations such as:
 - Caregiver Support
 - Medicare 101
 - Dementia Friendly Community training
 - Assisted in care coordination for members of the network.
 - Connected members back to their faith community for support to address the social determinants of health.
 - Provided connections for individuals not engaged with a faith network to receive social support of a faith community.
- Hancock Regional Hospital partnered with other community stakeholders to achieve the Indiana Health Community re-designation for Hancock County in 2018.
- The Hancock County Health Department provided approximately 300 doses of Narcan to first responders and provided sharps containers to collect needles.
- Hancock Regional Hospital supports and provides staff for the Hancock County Tobacco-Free Coalition. Information about this coalition can be found at: <https://www.facebook.com/HCtobaccofree/>. The Hancock County Tobacco-Free Coalition is focused on building a healthier community through the prevention and cessation of tobacco use in Hancock County. The coalition's priorities are:
 - Build strong community and statewide partnerships
 - Decrease youth smoking rates and increase youth activism
 - Decrease adult smoking rates
 - Increase proportion of Hoosiers not exposed to secondhand smoke
- Hancock Regional Hospital and the Tobacco Coalition worked as leaders in facilitating and expanding county-wide smoke free air policy that now includes public spaces and parks.
- healthy365 engaged its behavioral health community partners in smoking cessation programming for mental illness and substance use treatment and educated 36 members of the community about nicotine and tobacco dependence in behavioral health.
- Hancock Regional Hospital launched Gateway to improve the health of the population by increasing access to affordable screening, testing, earlier diagnosis and timely treatment.
- Hancock Regional Hospital launched the healthy365 Connection Center in order to:

- Provide members of the community with no-cost navigation and care coordination services for mental health and substance use treatment needs and the social determinants of health barriers that hinder treatment.
- Offer warm hand-off referrals: any referral made from Navigators is done so by identifying an appropriate referral to meet the needs of patients and assisting them in making the contact directly.
- Navigators provide follow up contact to ensure that the referrals made were appropriate and clients were able to follow through with getting their needs met.
- During 2020, over 350 people received navigation services. Over 800 referrals were made for key community services and resources. Over 230 people were referred to the Congregational Network Navigator.
- Hancock Physician Network hired additional Family medicine physicians, Family Medicine Nurse Practitioners and Internal Medicine Nurse Practitioners in order to increase access and support population health.
- Hancock Physician Network also hired additional OB/Gyn physicians, a full-time Endocrinologist, a full-time Pulmonologist, and a Pain Management physician to meet the health needs of the community.
- Hancock Physician Network significantly improved the process and increased the completion of Annual Wellness Visits (AWVs). In 2019 Hancock Physician Network reached the top 10% of all the Caravan ACOs. This increased rate improved pop health. Population health was also improved by obtaining real time quality metrics so that physicians and nurse practitioners could have up to date population health metrics to address gaps in care and improve overall health. Hancock Physician Network is usually one of the top performing organizations for quality within the SHO ACO.
- Hancock Physician Network and Hancock Counseling integrated behavioral health into OB and Pediatric offices in order to increase access to mental health services.
- During the COVID-19 crisis, Hancock Regional Hospital temporarily implemented additional services such as:
 - COVID-19 Support Hotline
 - Respiratory Triage Clinic
 - Dedicated Negative Air Flow COVID Unit
 - Virtual services
 - Transportation for critical health appointments
 - Food/meal deliveries
 - Proactive patient engagement calls
 - Free surgical masks for frontline partners
 - Free face coverings to community partners and public

AVAILABILITY OF THE COMMUNITY HEALTH NEEDS ASSESSMENT AND IMPLEMENTATION STRATEGY

Hancock Regional Hospital made the Community Health Needs Assessment (CHNA) summary report and the adopted Implementation Strategy widely available to the public on the Hancock Regional Hospital website at: <https://www.hancockregionalhospital.org/about/population-health/>, in the form of a paper copy available for public inspection without charge and it was e-mailed to key stakeholders.

APPENDIX A: HEALTHCARE FACILITIES AND RESOURCES AVAILABLE TO RESPOND TO THE HEALTH NEEDS OF THE COMMUNITY

In addition to Hancock Regional Hospital, the community has other healthcare facilities and resources that are available to respond to the health needs of the community. Below is a list of some of the facilities and resources. Please also see <https://www.behealthy365.org/resources/> for a description of resources that are available to respond to the health needs of the community.

- Community Health Network
- St. Vincent Medical Group
- American Health Network
- Jane Pauley Community Health Center
- Various private and smaller physician practices
- Hancock Health System of Care mental health and substance use provider partners described below and at: <https://www.behealthy365.org/about/system-of-care/>.

Hancock Health System of Care

The Hancock Health System of Care is a collaborative support system for youth and families who need help with mental health and/or substance abuse treatment. The System of Care is designed to be comprehensive, connecting individuals and families with many local service providers, including:

- Healthcare facilities, including mental health providers
- Schools
- Law enforcement
- Children's services
- Community coalitions
- Local businesses
- Ministry groups
- And more

The Hancock County System of Care's mission is to implement strategies to ensure that youth and families have access to a full array of services and supports for mental health and substance abuse needs. The core values of the Hancock County System of Care are:

- We are community-based.
- We are family-driven and youth-guided.
- We are culturally and linguistically competent.
- We take a whole-health approach.

Hancock Regional Hospital created a mental health pocket guide to help the community find resources and treatment for mental illness and substance disorder. The guide can be found at:

https://www.behealthy365.org/wp-content/uploads/2020/01/h365-Z-card-Directory_FINAL-5.pdf.

The following is a list of some of the mental health and/or substance use treatment providers that are available to respond to the health needs of the community.

American Addiction Centers
317-752-8945

Behavior Source
9425 N Meridian St, Suite 204
Indianapolis, IN 46260
(844) 452-2557

Bridges of Hope
2200 N Madison Square
Anderson, IN 46011
(765) 643-0121

Columbus Behavioral Health
2223 Poshard Dr.
Columbus, IN 47203
(812) 376-1711

Community Health Network Behavioral Health
145 Green Meadows Dr., Suite 1
Greenfield, IN 46140
(317) 621-5719

Eagle Creek Counseling
One Courthouse Plaza, Ste. 207
Greenfield, IN 46140
317-293-5563

Eskenazi Hospital
832 N Meridian St
Indianapolis, IN 46202
(317) 686-5634

Fairbanks Hospital
8102 Clearvista Parkway
Indianapolis, IN 46256
(317) 849-8222

Families First
98 E North St
Greenfield, IN 46140
(317) 462-3733

Hickory House
5486 W US Highway 40
Greenfield, IN 46140
(317) 434-5375

IU Health Methodist Hospital Behavioral
Health
1701 N Senate St
Indianapolis, IN 46202
(317) 962-2622

The Jane Pauley Community Health Center
1107 N State St
Greenfield, IN 46140
(317) 477-5263

Lana Allen, LCSW
16 E. Main St.
New Palestine, IN 46163
317-697-8847

LifeSpring Turning Point Center
1060 Sharon Dr
Jeffersonville, IN 47130
(812) 283-7116

Mental Health Partners
98 E North St, Suite 204
Greenfield, IN 46140
(317) 462-2877

Midtown Community Mental Health
3171 N Meridian St

Indianapolis, IN 46202
(317) 941-5003

Mosaic Counseling
808 E. Main St. Ste. B
Greenfield, IN 46140
317-645-7691

Oases Counseling
635 N. State St. Ste. B
Greenfield, IN 46140

Options Behavioral Health Service
5602 Caito Dr.
Indianapolis, IN 46226
(866) 544-4340

Origins Family Counseling
147 W. Green Meadows Dr. Ste. 1
Greenfield, IN 46140
317-649-4311

Providence Behavioral Group
412 S. Maple St. #100c
Fortville, IN 46040
317-934-0002

Recovery Works
2060 State Road 1 N
Cambridge City, IN 47327
(888) 792-4639

Regional Mental Health Center
8555 Taft St3
Merrillville, IN 46410
(219) 769-4005

Restoration Counseling
415 W. Broadway St.
Fortville, IN 46040
317-710-7772

St. Vincent Madison County Health St. John's
Anderson Center
2210 Jackson St
Anderson, IN 46016
(765) 646-8444

St. Vincent Stress Center
8401 Harcourt Rd
Indianapolis, IN 46260
(317) 338-4800

Salvation Army Harbor Light
2400 N Tibbs Ave
Indianapolis, IN 46222
(317) 972-1450

Tara Treatment Center
6231 S US 31
Franklin, IN 46131
(800) 397-9978

Wheeler Mission Center for Women and
Children
3208 E Michigan St
Indianapolis, IN 46201
(317) 687-3630

Wheeler Mission Hebron Center Program
245 N Delaware St
Indianapolis, IN 46204
(317) 636-2720

For additional behavioral health providers and locations please visit:

- <https://www.samhsa.gov/find-treatment>
- <http://www.in.gov/fssa/addiction/>

24-Hour Crisis Hotline

If you or a loved one needs help, don't wait. This number is available 24/7 to help if you are ever in crisis.

National Suicide Prevention Lifeline
(800) 273-TALK (1-800-273-8255)
<https://suicidepreventionlifeline.org>

Support Groups

Al-Anon Meetings
Local number contact: 317-257-2693
Bradley Methodist Church
Amity Church (Mt Comfort Rd)

Celebrate Recovery at Brandywine Community Church
(Childcare provided and Recovery Zone available for children 1st grade-9th grade)
1551 E New Rd
Greenfield, IN 46140
Contact Gina Colclazier: (317) 462-4777 x104

Celebrate Recovery at Outlook Christian Church
(Children can attend Celebration Place)
6531 N 600 W
McCordsville, IN 46055
(317) 335-6815

The Landing- teen recovery program
Education and treatment 12 step workshops/prevention.
Ages 13-19. NA and AA available.
Healing Hearts program for families and friends of loved ones in addiction.
18 W South St
Greenfield, IN 46140
(317) 525-7791

National Alliance on Mental Illness (NAMI)
Provides support opportunities for families, friends and persons living with a mental illness
1-800-950-6264

SMART Recovery Hancock County
Self-empowering addiction recovery support group for adults over age 18 as well as a friends
and family group
Hancock Regional Hospital
801 N State St
Greenfield, IN 46140

The Way Out Club
AA, NA, and Al-Anon meetings available
226 Cherry St
Greenfield, IN 46140
(317) 468-0082

APPENDIX B: HEALTHY365 PARTNERS

Hancock Regional Hospital's healthy365 partners include but are not limited to the following organizations:

[Agape](#)

24970 Mt Pleasant Rd
Cicero, IN 46034

[Alternatives](#)

Anderson, IN

[Amity United Methodist Church](#)

6042 W. 100 North
Greenfield, IN 46140

[Bennett Law, LLC](#)

330 N. State St.
Greenfield, IN 46140

[Board of Public Works](#)

[Borgmann Reality](#)

1133 W. Main St. Suite E
Greenfield, IN 46140

[Bradley United Methodist Church](#)

210 W. Main St.
Greenfield, IN 46140

[Brandywine Community Church](#)

1551 E. New Rd.
Greenfield, IN 46140

[Bringing Technology to You, LLC](#)

[Cable Connection to Health](#)

[Calvary Baptist Church](#)

1450 W. Main St.
Greenfield, IN 46140

[Cardinal Elements, Inc.](#)

[Carrolton United Methodist Church](#)

1060 US-52
Fountaintown, IN 46130

[Change Fitness](#)

760 N. Raven Field Ct.
Greenfield, IN 46140

[Changing Footprints](#)

9 S. Franklin St.
Greenfield, IN 46140

[Children's Bureau](#)

1503 Mitthoeffer Rd.
Indianapolis, IN 46229

[City of Greenfield](#)

10 S. State St.
Greenfield, IN 46140

[Columbus Behavioral Center for Children and Adolescents](#)

2223 Poshard Dr.
Columbus, IN 47203

[Community Behavioral Health](#)

145 W. Green Meadows Dr. Suite 1
Greenfield, IN 46140

[Community Christian Church](#)

3123 County Rd. 500 West
New Palestine, IN 46163

[Covance](#)

671 S. Meridian Rd.
Greenfield, IN 46140

[Cumberland Police Department](#)

11501 E. Washington St.
Cumberland, IN 46229

[Dellen Automotive Family](#)

2640 W. Main St.
Greenfield, IN 46140

[Department of Child Services](#)

13 N State St. Suite A
Greenfield, IN 46140

[Dickmann, Reason, Bogigan, and White](#)

17 N. Pennsylvania St.
Greenfield, IN 46140

[Division of Family Resources](#)

1290 N State St, Ste A
Greenfield, IN 46140

[East Central Indiana First Steps](#)

[Eastern Hancock School Corporation](#)

10370 E. 250 North
Charlottesville, IN 46117

[Elanco](#)

2500 Innovation Way
Greenfield, IN 46140

[Fairbanks](#)

8102 Clearvista Parkway
Indianapolis, IN 46256

[Faith Lutheran](#)

200 W. McKenzie Rd.
Greenfield, IN 46140

[Families First](#)

98 E. North St. Suite 301
Greenfield, IN 46140

[Family Bike Chain](#)

109 E. Main St.
Greenfield, IN 46140

[First Christian Church of Knightstown](#)

138 W. Main St.
Knightstown, IN 46148

[Fisk Sanitation](#)

271 S Franklin St
Greenfield, IN 46140

[Fortville/McCordsville Chamber](#)

104 N. Main St.
Fortville, IN 46060

[Forty Financial](#)

812 E. Main St.
Greenfield, IN 46140

[FSSA](#)

1786 Melody Lane
Greenfield, IN 46140

[FUSE](#)

1133 W. Main St. Suite E
Greenfield, IN 46140

[Garst Pharmacy](#)
325 S. Main St.
Fortville, IN 46040

[Greenfield Area Chamber of Commerce](#)
1 Courthouse Plaza,
Greenfield, IN 46140

[Greenfield Banking Company](#)
1920 N. State St.
Greenfield, IN 46140

[Greenfield Central Schools](#)
110 W. North St.
Greenfield, IN 46140

[Greenfield Daily Reporter](#)
22 W. New Rd.
Greenfield, IN 46140

[Greenfield Main Street](#)

[Greenfield Parks Department](#)
280 Apple St.
Greenfield, IN 46140

[Greenfield Police Department](#)
116 S. State St.
Greenfield, IN 46140

[Groups Recover Together](#)
147 W Green Meadows Dr. Ste 2
Greenfield, IN 46140

[Hancock County 911 Center](#)
640 S. Franklin St.
Greenfield, IN 46140

[Hancock County Child Support Division](#)
27 American Legion Pl.
Greenfield, IN 46140

[Hancock County Deputy Coroner](#)
123 E. Main St.
Greenfield, IN 46140

[Hancock County Health Department](#)
111 American Legion Pl.
Greenfield, IN 46140

[Hancock County Juvenile Probation](#)
9 E. Main St. Suite 106
Greenfield, IN 46140

[Hancock County Prosecutors Office](#)
27 American Legion Pl.
Greenfield, IN 46140

[Hancock County Public Library](#)
900 W. McKenzie Rd.
Greenfield, IN 46140

[Hancock County Senior Services/Hancock Area Rural Transit](#)
1870 Fields Blvd.
Greenfield, IN 46140

[Hancock County Sheriff](#)
123 E Main St.
Greenfield, IN 46140

[Hancock County Tobacco Free Coalition](#)
801 N. State St.
Greenfield, IN 46140

[Hancock Economic Development Council](#)
1 Courthouse Plaza
Greenfield, IN 46140

[Hancock Health-HPN-HWC-HRH](#)

801 N. State St.
Greenfield, IN 46140

[Inskeep Ford](#)

2651 W. Main St.
Greenfield, IN 46140

[Hancock Physician Network](#)

801 N. State St.
Greenfield, IN 46140

[Indiana Youth Institute \(East Central Office\)](#)

603 E Washington St, Unit 800
Indianapolis, IN 46204

[Hancock Wellness Center](#)

888 W. New Rd.
Greenfield, IN 46140

[Joyner Homes](#)

123 W. Main St.
Greenfield, IN 46140

[Hancock Wellness Center](#)

8505 N. Clearview Dr.
McCordsville, IN 46055

[Keihin](#)

2701 Enterprise Dr.
Anderson, IN 46013

[Hancock4kids Coalition](#)

[Healthy Families](#)

715 E Lincoln St.
Greenfield, IN 46140

[Lacy Law Office](#)

11901 E Washington St,
Indianapolis, IN 46229

[Hickory House](#)

5486 US-40
Greenfield, IN 46140

[Life Choices](#)

1454 N. State St.
Greenfield, IN 46140

[Hope House](#)

35 E. Pierson St.
Greenfield, IN 46140

[Love INC](#)

737 W. Green Meadows Dr. Suite 2200
Greenfield, IN 46140

[Huffer Child Care Resource & Referral](#)

2000 N. Elgin St.
Muncie, IN 47303

[Meals on Wheels](#)

630 N State St
Greenfield, IN 46140

[ICAP Head Start](#)

311 Baldwin St.
Greenfield, IN 46140

[Mental Health Partners](#)

98 E. North St. Suite 204
Greenfield, IN 46140

[Indiana Army National Guard](#)

410 Apple St.
Greenfield, IN 46140

[Midwest Mole](#)

6814 W. 350 North
Greenfield, IN 46140

[Modernfold](#)

215 W. New Rd.
Greenfield, IN 46140

[Monarch Beverage](#)

9347 Pendleton Pike
Indianapolis, IN 46236

[Mt. Lebanon United Methodist Church](#)

3447 IN-9
Greenfield, IN 46140

[Mt. Vernon School Corporation](#)

1776 IN-234
Fortville, IN 46040

[NASA](#)

98 N. East St.
Greenfield, IN 46140

[NineStar Connect](#)

2243 E. Main St.
Greenfield, IN 46140

[Oases Counseling Center](#)

635 N State St, Ste B
Greenfield, IN 46140

[Office360](#)

7301 Woodland Dr.
Indianapolis, IN 46278

[Origins Family Counseling](#)

18 E Main St, St 216
Greenfield, IN 46140

[Otterbein United Methodist Church](#)

2901 W. 200 North
Greenfield, IN 46140

[Park Chapel](#)

1176 E. McKenzie Rd.
Greenfield, IN 46140

[Patient Advocates Speak Out](#)

[Patterson Horth](#)

5745 Progress Rd.
Indianapolis, IN 46241

[Prevent Child Abuse Hancock County](#)

801 N. State St.
Greenfield, IN 46140

[Providence Behavioral Group](#)

412 S Maple St, Ste. 100 C
Fortville, IN 46040

[Purdue Extension](#)

802 Apple St.
Greenfield, IN 46140

[R2Fit](#)

20 W. North St.
Greenfield, IN 46140

[Realife Church](#)

971 W. US-40
Greenfield, IN 46140

[Restoration Counseling](#)

415 W Broadway St.
Fortville, IN 46040

[Smith & Davis Law](#)

[Southern Hancock School Corporation](#)

4711 County Rd. 500 West
New Palestine, IN 46163

[Springhurst Health Campus](#)

628 N. Meridian Rd.
Greenfield, IN 46140

[St Michael Catholic Church](#)

519 Jefferson Blvd.
Greenfield, IN 46140

[St. James Lutheran](#)

1741 S. State St.
Greenfield, IN 46140

[Star Bank](#)

230 E. New Rd.
Greenfield, IN 46140

[Tangram](#)

5155 Pennwood St.
Indianapolis, IN 46205

[The Jane Pauley Community Health Center](#)

1107 N. State St.
Greenfield, IN 46140

[The Landing](#)

18 W. South St.
Greenfield, IN 46140

[The Villages: Healthy Families Hancock County](#)

715 E. Lincoln St.
Greenfield, IN 46140

[Town of Cumberland](#)

11501 E. Washington St.
Cumberland, IN 46229

[Town of McCordsville](#)

6280 W. 800 North
McCordsville, IN 46055

[Town of New Palestine](#)

42 E. Main St.
New Palestine, IN 46163

[Towne Post](#)

[Transformational Wellness](#)

1222 N. Pennsylvania St.
Indianapolis, IN 46202

[Tsuda](#)

2934 Jannetides Blvd.
Greenfield, IN 46140

[United Way](#)

1 Courthouse Plaza,
Greenfield, IN 46140

[Valle Vista Health System](#)

898 E. Main St.
Greenwood, IN 46143

[Vineyard Community Church](#)

1672 N 600 W
Greenfield, IN 46140

[WIC](#)

828 N. State St.
Greenfield, IN 46140

[Wolf Law Firm](#)

6 E. Main St.
Greenfield, IN 46140

[Workforce Chaplains](#)

[WorkOne](#)

836 S. State St.
Greenfield, IN 46140

[Zoey's Place](#)
953 W North St.
Greenfield, IN 46140

[Zion Lutheran](#)
6513 W. 300 S.
New Palestine, IN 4616

APPENDIX C: CONGREGATIONAL NETWORK

Strengthening the Connection Between Faith and Wellness

The Hancock Regional Hospital Congregational Network is a collaborative partnership between Hancock Regional Hospital and church congregations. Hancock Regional Hospital recognizes that faith is an integral part of some of their patients' lives. Approximately 25 congregations made a covenant to participate in this collaborative relationship that provided spiritual care to patients and congregation members.

Benefits of Being a Congregational Network Member

As a member of the Hancock Regional Hospital Congregational Network, faith organizations have access to a wealth of informational support on issues such as preventative medicine and follow-up care. The Congregational Network works with congregations to educate and provide a supportive network to help faith organizations as they navigate the healthcare system. The network offers classes on many important health care topics that can help congregations lead a healthier life. Hancock Regional Hospital Congregational Network understands that good education equates to a healthier lifestyle.

Congregational Liaison

The Congregational Network consists of liaisons who are trained volunteers from churches working closely with Congregational Navigator who is employed by Hancock Regional Hospital. These two persons work together to answer questions, schedule educational outreach, and provide support and follow up care should an emergency room visit or a hospital stay be necessary to members of a faith organization.

Congregational Liaisons provide supportive ministry to members of the network by:

- Coordinating outreach efforts focused on health and wellness
- Providing information and referral assistance
- Connecting people directly to the ministry

Faith Organization Partners

Hancock Regional Hospital's Congregational Network partners include but are not limited to the following organizations:

[Amity United Methodist Church](#)

6042 W 100 N Greenfield, IN 46140
(317) 894-3047

[Brandywine Community Church](#)

1551 E New Rd, Greenfield, IN 46140
(317) 462-4777

[Bradley United Methodist Church](#)

210 National Rd, Greenfield, IN 46140
(317) 462-2662

[Calvary Baptist Church](#)

1450 W Main St, Greenfield, IN 46140
(317) 462-4586

[Carrollton United Methodist Church](#)
1060 US-52, Fountaintown, IN 46130
(317) 861-5810

[Christ Fellowship – Ktown](#)
4833 IN 109, Knightstown, IN 46148
(317) 691-8657

[Community Christian Church- New Pal](#)
3123 County Rd 500 W, New Palestine, IN 46163
(317) 861-5407

[Cross of Grace Lutheran](#)
3519 S 600 W, New Palestine, IN 46163
(317) 861-0977

[Curry's Chapel UMC](#)
3488 N 375 E, Greenfield, IN 46140
(317) 326-2386

[Faith Lutheran](#)
200 W McKenzie Rd, Greenfield, IN 46140
(317) 462-4609

[First Christian Church of Knightstown](#)
138 W Main St, Knightstown, IN 46148
(765) 345-2854

[Fortville Church of Nazarene](#)
701 S Maple St, Fortville, IN 46040
(317) 485-6443

[Greenfield Christian Church](#)
23 N East St, Greenfield, IN 46140
(317) 462-6348

[Greenfield Church of Christ](#)
1380 S State St, Greenfield, IN 46140
(317) 462-6728

[Havens of Hope](#)
4445 W Smokey Row Rd, Greenwood, IN 46143
(317) 373-1255

[Mohawk United Methodist Church](#)
2045 W 400 N, Greenfield, IN 46140
(317) 326-2460

[Morristown United Methodist Church](#)
221 S Washington St, Morristown, IN
(765) 763-6889

[Mt. Lebanon United Methodist Church](#)
3447 IN-9, Greenfield, IN 46140
(317) 462-1313

[New Palestine Christian Church](#)
4053 S 650 W, New Palestine, IN 46163
(317) 861-4356

[New Palestine Bible Church](#)
27 W Main St, New Palestine, IN 46163
(317) 861-1210

[Otterbein United Methodist Church](#)
2901 W 200 N, Greenfield, IN 46140
(317) 402-2610

[Park Chapel](#)
1176 E McKenzie Rd, Greenfield, IN 46140
(317) 462-4513

[Realife Church](#)
971 W US Hwy 40, Greenfield, IN 46140
(317) 468-1100

[St Michael Catholic Church](#)
519 Jefferson Blvd, Greenfield, IN 46140
(317) 462-4240

[St. James Lutheran](#)
1741 S State St, Greenfield, IN 46140
(317) 462-7340

[Sugar Creek Baptist Church](#)
3928 S 100 W, Greenfield, IN 46140
(317) 861-6138

[Trinity Park United Methodist Church](#)
207 W Park Ave, Greenfield, IN 46140

(317) 462-4303

[Vineyard Community Church of Mt.
Comfort](#)

1672 N 600W, Greenfield, IN 46140

(317) 894-3280

[Zion Lutheran](#)

6513 W 300 S, New Palestine, IN 46163

(317) 861-4210

APPENDIX D: COMMUNITY HEALTH QUESTIONNAIRE

Hancock County Community Health Needs Assessment

You are a valuable community member and your ideas will help us learn more about health needs in Hancock County.

This is a confidential survey. ***Must be 14 or older to participate.***

Please select the top three (3) concerns that impact the health/wellbeing of the people who live in Hancock County.

- | | | |
|--|---|---|
| <input type="checkbox"/> Cost of health insurance, healthcare &/or medications | <input type="checkbox"/> Trauma & child abuse/neglect | <input type="checkbox"/> Parenting skills & support |
| <input type="checkbox"/> Addiction and drug overdoses | <input type="checkbox"/> Children and adolescents unsupervised after school | <input type="checkbox"/> Environmental challenges (such as air and water quality) |
| <input type="checkbox"/> Mental health and suicide | <input type="checkbox"/> Underage sexual activity | <input type="checkbox"/> Access to safe/affordable housing |
| <input type="checkbox"/> Chronic diseases (cancer, diabetes, heart disease, etc.) | <input type="checkbox"/> Infant mortality | <input type="checkbox"/> Needs of people with disabilities |
| <input type="checkbox"/> Obesity | <input type="checkbox"/> Access to women's health | <input type="checkbox"/> Dental problems |
| <input type="checkbox"/> Tobacco use/Vaping | <input type="checkbox"/> Access to men's health | <input type="checkbox"/> Violent crimes, assault, sexual violence and domestic violence |
| <input type="checkbox"/> Access to affordable screenings (mammograms, cardiac, lung, etc.) | <input type="checkbox"/> Senior services & caregiving | <input type="checkbox"/> Bullying |
| <input type="checkbox"/> Access to affordable prevention and health education services | <input type="checkbox"/> Social isolation | <input type="checkbox"/> Access to transportation |
| | <input type="checkbox"/> Accidents and injuries | |
| | <input type="checkbox"/> Access to healthy food | |
| | <input type="checkbox"/> Poverty | |

In your opinion, how much of a problem are each of the following health topics for Hancock County?

General health behaviors	No Problem	Little Problem	Medium Problem	Big Problem	Unsure
Obesity (Overweight) among adults					
Obesity (Overweight) among children					
Unhealthy eating habits					
Lack of exercise (physical activity)					
Not enough sleep per night (School children: 9-11 hours/night, teens: 8-10 hours/night, & adults: 7-9 hours/night)					
Access to services for youth and/or adults	No Problem	Little Problem	Medium Problem	Big Problem	Unsure
Access to healthcare services					
Access to addiction treatment and services					
Access to mental health treatment and services					
Barriers to healthcare for youth and/or adults	No Problem	Little Problem	Medium Problem	Big Problem	Unsure
Unsure where to go for help or unsure what is available					
Transportation					
Childcare					
Financial and/or insurance					
Medical issues					
Services not available or wait time is too long					
Embarrassed or afraid to get help					
Barriers to mental health and/or addiction treatment and services for youth and/or adults	No Problem	Little Problem	Medium Problem	Big Problem	Unsure
Unsure where to go for help or unsure what is available					
Transportation					
Childcare					
Financial and/or insurance					
Medical issues					
Services not available or wait time is too long					
Embarrassed or afraid to get help					

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Tobacco (cigarettes/cigars/pipes/smokeless chew)					
Vaping/e-cigarettes					
Alcohol					
Misusing prescription drugs					
Misusing over the counter medication					
Marijuana or synthetic marijuana					
Other illegal drugs (Meth/Cocaine/Heroin/Spice/K2)					
Use of the following alcohol & drugs in youth under age 21	No Problem	Little Problem	Medium Problem	Big Problem	Unsure
Tobacco (cigarettes/cigars/pipes/smokeless chew)					
Vaping/e-cigarettes					
Alcohol					
Misusing prescription drugs					
Misusing over the counter medication					
Marijuana or synthetic marijuana					
Other illegal drugs (Meth/Cocaine/Heroin/Spice/K2)					

What one service would be most helpful if you or your family had a medical crisis?

- ☐ Help with insurance and costs ☐ Referrals to follow-up care ☐ Support groups and education
☐ Transportation to appointments ☐ Faith community support ☐ Other: _____

Circle the number below that best answers the questions.

How many servings of fruit/vegetables do you usually eat each day?:					
0-1	2-4			5+	
I have access to healthy food daily.					
Never	Sometimes			Always	
How many minutes of active living per day: walking, biking, exercising, etc. (both planned or moving naturally):					
0-10 minutes	10-20 minutes		20-30 minutes		30+ minutes
If you had a personal or medical crisis in the middle of the night, how many people (family & friends) could you call for help?					
0 (none)	1	2	3	4	5 or more
I regularly participate with at least one (1) group of people that provides me with enjoyment, a sense of meaning/purpose, and personal support such as a faith organization, club, work friends, neighbors, team, etc.					
0 (strongly disagree)	1	2	3	4	5 (strongly agree)
Rate your stress level in your daily life:					
0 (none)	1	2	3	4	5 (crisis)
Rate your physical health:					
0 (terrible)	1	2	3	4	5 (great)
Rate your mental health:					
0 (terrible)	1	2	3	4	5 (great)
I am satisfied with my life.					
0 (strongly disagree)	1	2	3	4	5 (strongly agree)

I completed a legal document that identifies my healthcare representative if I am unable to make my own decisions. Yes No Unsure

Zip Code _____ **Household income \$** _____ **Gender** _____ **Are you connected with a faith community? Y or N**

Age: _____ 14-17yrs _____ 18-24yrs _____ 25-34yrs _____ 35-44 _____ 45-54yrs _____ 55-64yrs _____ 65-74yr _____ 75+yrs

Your Race/Ethnic Background: (Please mark all that apply with an X.)

☐ African American/Black ☐ American Indian or Alaska Native ☐ Native Hawaiian or Pacific Islander
☐ Caucasian/White ☐ Asian ☐ Latinx/Hispanic/Spanish ☐ Other: _____

Turn page over



APPENDIX E: ADDITIONAL DATA SOURCES

The most frequently used secondary data sources for this Community Health Needs Assessment are listed below along with the links to the websites.

County Health Rankings: Hancock County

<https://www.countyhealthrankings.org/app/indiana/2020/rankings/hancock/county/outcomes/overall/snAPSHOT>

Center for Disease Control and Prevention

<https://www.cdc.gov/nchs>

Quick Facts U.S. Census

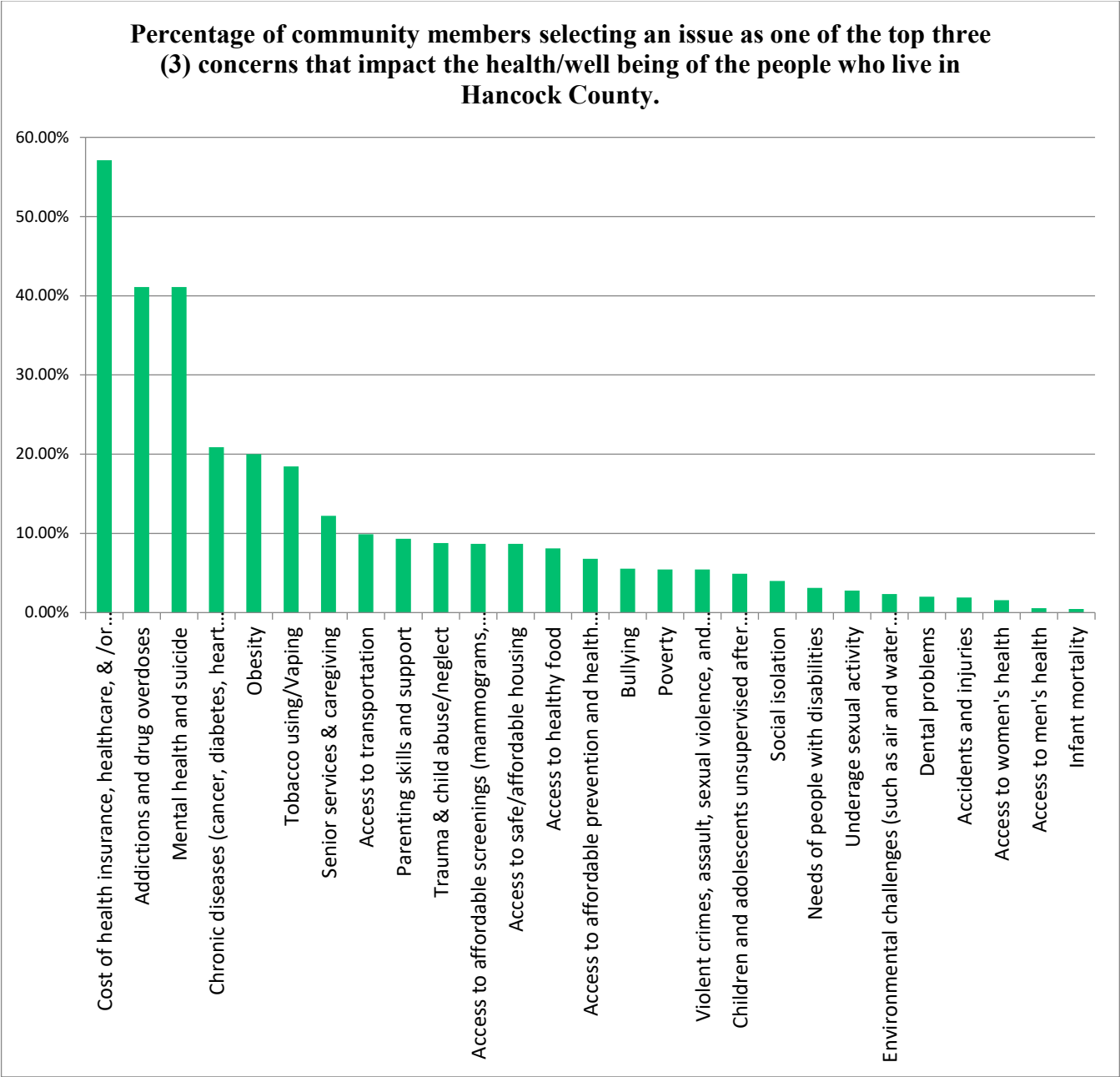
<https://www.census.gov/quickfacts/fact/table/hancockcountyindiana,IN/PST045216>

Stats Indiana

http://www.stats.indiana.edu/profiles/profiles.asp?scope_choice=a&county_changer=18059

APPENDIX F: RESULTS OF THE COMMUNITY HEALTH QUESTIONNAIRE

To ensure broad community input, participants of the Community Health Needs Assessment were given a community questionnaire of fifty-four questions. There were five demographic questions, twenty-five questions focused on physical/general health and wellbeing, and twenty-four questions focused on mental health and substance use. Community members taking the survey were asked to select their top three concerns that impact the health/wellbeing of the people who live in Hancock County. The following are the results from this question from the highest concern to the concern least often selected.



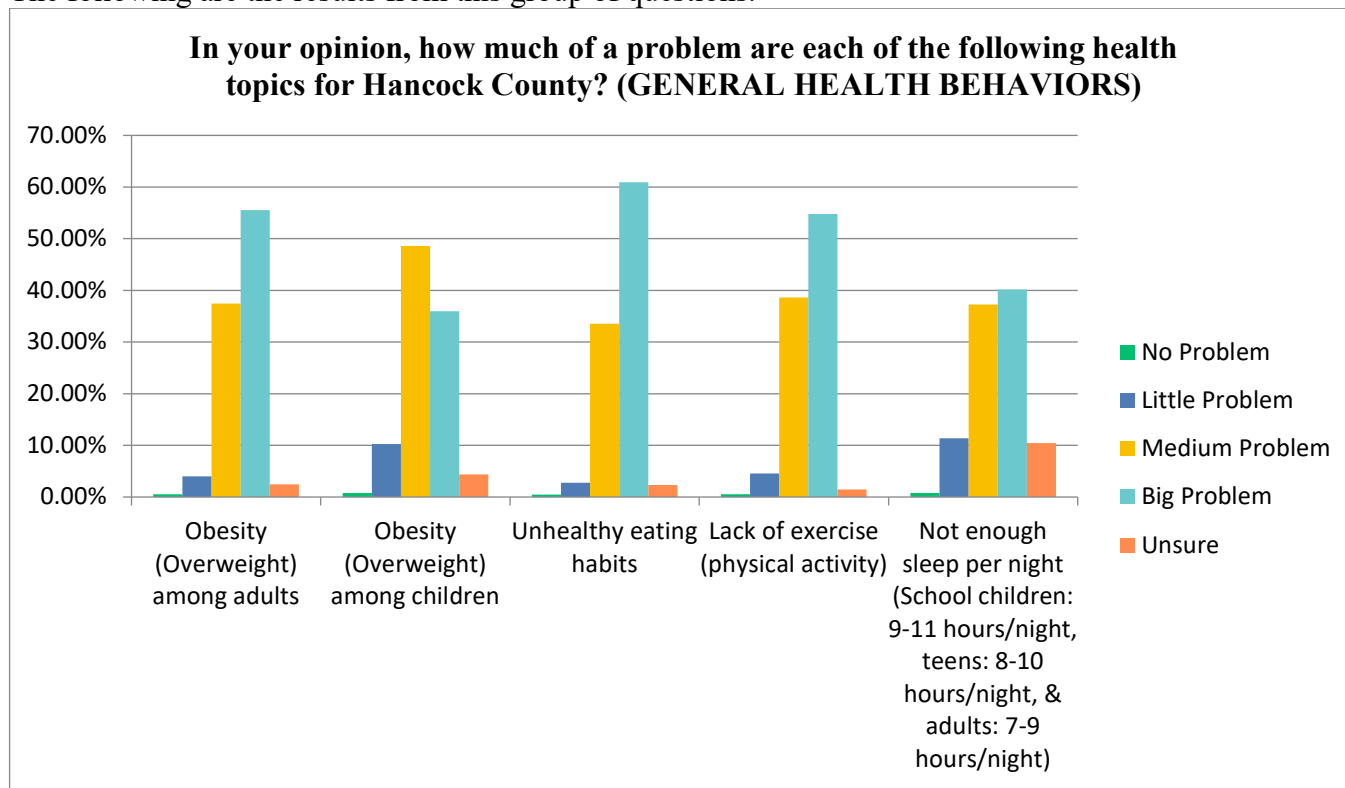
Percentage of community members selecting an issue as one of the top three (3) concerns that impact the health/well-being of the people who live in Hancock County

Answer Choices	Responses	
Cost of health insurance, healthcare, and /or medications	57.11%	514
Addictions and drug overdoses	41.11%	370
Mental health and suicide	41.11%	370
Chronic diseases (cancer, diabetes, heart disease, etc.)	20.89%	188
Obesity	20.00%	180
Tobacco using/Vaping	18.44%	166
Senior services & caregiving	12.22%	110
Access to transportation	9.89%	89
Parenting skills and support	9.33%	84
Trauma & child abuse/neglect	8.78%	79
Access to affordable screenings (mammograms, cardiac, lung, etc.)	8.67%	78
Access to safe/affordable housing	8.67%	78
Access to healthy food	8.11%	73
Access to affordable prevention and health education services	6.78%	61
Bullying	5.56%	50
Poverty	5.44%	49
Violent crimes, assault, sexual violence, and domestic violence	5.44%	49
Children and adolescents unsupervised after school	4.89%	44
Social isolation	4.00%	36
Needs of people with disabilities	3.11%	28
Underage sexual activity	2.78%	25
Environmental challenges (such as air and water quality)	2.33%	21
Dental problems	2.00%	18
Accidents and injuries	1.89%	17
Access to women's health	1.56%	14
Access to men's health	0.56%	5
Infant mortality	0.44%	4
	Answered	900
	Skipped	5

Participants were then asked to respond to the following question, “In your opinion, how much of a problem are each of the following health topics for Hancock County?” The participants were given five response options: no problem, little problem, medium problem, big problem, and unsure. These health topics were as follows and were accompanied by a series of questions for each subject.

- General health behaviors
- Access to services
- Barriers to healthcare
- Barriers to mental health and/or addiction treatment and services
- Use of alcohol, tobacco products and other drugs in adults 21 years old and older
- Use of alcohol, tobacco products and other drugs in youth under 21 years old

The following are the results from this group of questions.

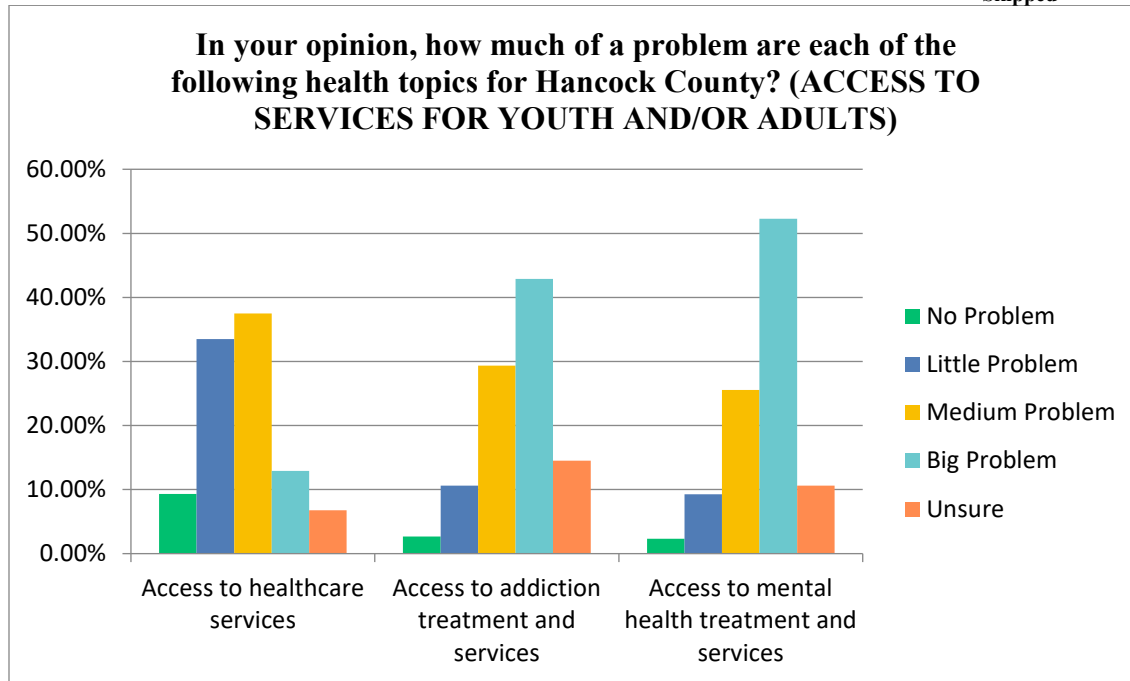


In your opinion, how much of a problem are each of the following health topics for Hancock County?

	No Problem		Little Problem		Medium Problem		Big Problem		Unsure		Total
Obesity (Overweight) among adults	0.55%	5	3.99%	36	37.47%	338	55.54%	501	2.44%	22	902
Obesity (Overweight) among children	0.78%	7	10.28%	92	48.60%	435	35.98%	322	4.36%	39	895
Unhealthy eating habits	0.45%	4	2.78%	25	33.52%	301	60.91%	547	2.34%	21	898
Lack of exercise (physical activity)	0.56%	5	4.57%	41	38.64%	347	54.79%	492	1.45%	13	898
Not enough sleep per night (School children: 9-11 hours/night, teens: 8-10 hours/night, & adults: 7-9 hours/night)	0.78%	7	11.35%	102	37.26%	335	40.16%	361	10.46%	94	899

Answered

902



ACCESS TO SERVICES FOR YOUTH AND/OR ADULTS:

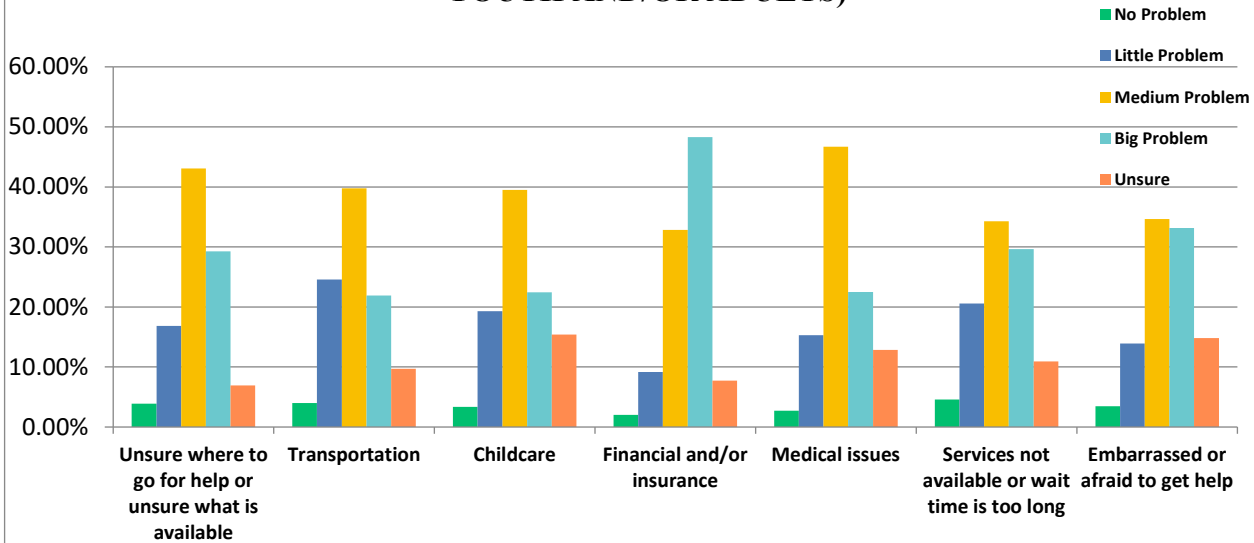
In your opinion, how much of a problem are each of the following health topics for Hancock County?

	No Problem		Little Problem		Medium Problem		Big Problem		Unsure		Total
Access to healthcare services	9.34%	84	33.48%	301	37.49%	337	12.90%	116	6.79%	61	899
Access to addiction treatment and services	2.68%	24	10.60%	95	29.35%	263	42.86%	384	14.51%	130	896
Access to mental health treatment and services	2.34%	21	9.25%	83	25.53%	229	52.29%	469	10.59%	95	897

Answered 899

Skipped 6

In your opinion, how much of a problem are each of the following health topics for Hancock County? (BARRIERS TO HEALTHCARE FOR YOUTH AND/OR ADULTS)

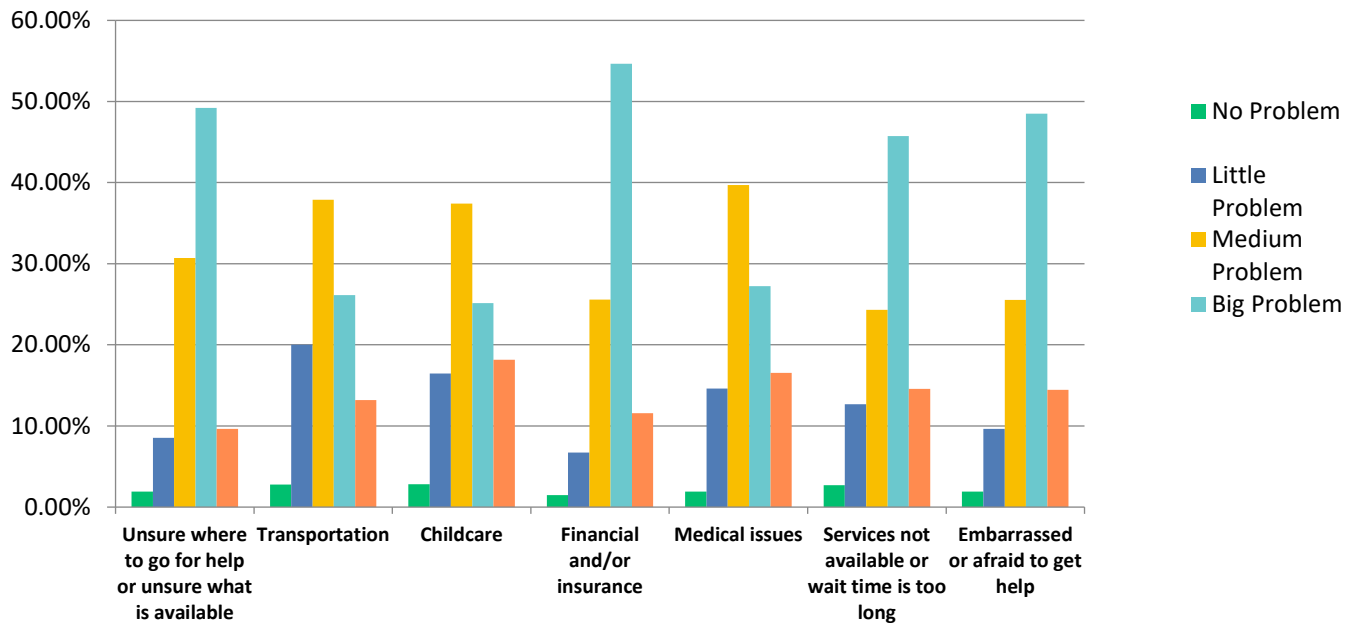


BARRIERS TO HEALTHCARE FOR YOUTH AND/OR ADULTS: In your opinion, how much of a problem are each of the following health topics for Hancock County?

	No Problem		Little Problem		Medium Problem		Big Problem		Unsure		Total
Unsure where to go for help or unsure what is available	3.91%	35	16.85%	151	43.08%	386	29.24%	262	6.92%	62	896
Transportation	4.02%	36	24.58%	220	39.78%	356	21.90%	196	9.72%	87	895
Childcare	3.37%	30	19.30%	172	39.51%	352	22.45%	200	15.38%	137	891
Financial and/or insurance	2.01%	18	9.16%	82	32.85%	294	48.27%	432	7.71%	69	895
Medical issues	2.70%	24	15.30%	136	46.68%	415	22.50%	200	12.82%	114	889
Services not available or wait time is too long	4.57%	41	20.60%	185	34.30%	308	29.62%	266	10.91%	98	898
Embarrassed or afraid to get help	3.45%	31	13.92%	125	34.63%	311	33.18%	298	14.81%	133	898

Answered 900
Skipped 5

In your opinion, how much of a problem are each of the following health topics for Hancock County? (BARRIERS TO MENTAL HEALTH AND/OR ADDICTION TREATMENT AND SERVICES FOR YOUTH AND/OR ADULTS)



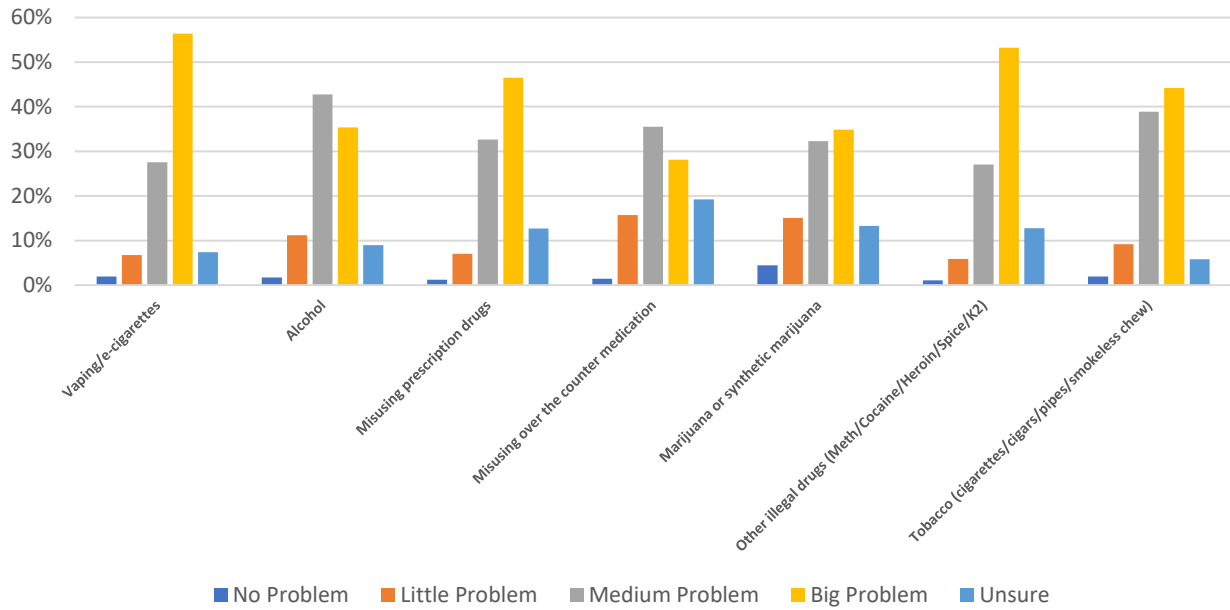
BARRIERS TO MENTAL HEALTH AND/OR ADDICTION TREATMENT AND SERVICES FOR YOUTH AND/OR ADULTS: In your opinion, how much of a problem are each of the following health topics for Hancock County?

	No Problem		Little Problem		Medium Problem		Big Problem		Unsure		Total
Unsure where to go for help or unsure what is available	1.91%	17	8.52%	76	30.72%	274	49.22%	439	9.64%	86	892
Transportation	2.79%	25	20.00%	179	37.88%	339	26.15%	234	13.18%	118	895
Childcare	2.82%	25	16.46%	146	37.43%	332	25.14%	223	18.15%	161	887
Financial and/or insurance	1.46%	13	6.73%	60	25.59%	228	54.66%	487	11.56%	103	891
Medical issues	1.91%	17	14.62%	130	39.71%	353	27.22%	242	16.54%	147	889
Services not available or wait time is too long	2.69%	24	12.67%	113	24.33%	217	45.74%	408	14.57%	130	892
Embarrassed or afraid to get help	1.90%	17	9.63%	86	25.53%	228	48.49%	433	14.45%	129	893

Answered 897

Skipped 8

How Much of a Problem is the Use of Various Drugs in Adults Age 21 and Over?



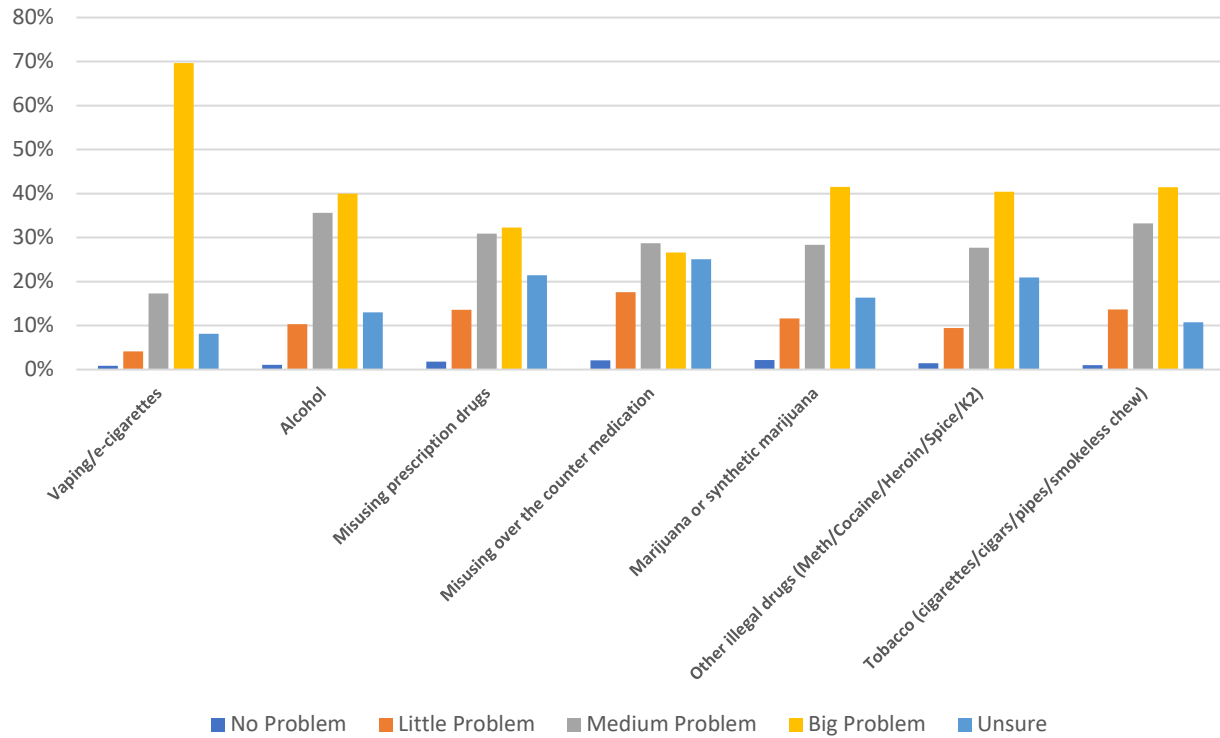
How Much of a Problem is the Use of Various Drugs in Adults Age 21 and Over?

	No Problem		Little Problem		Medium Problem		Big Problem		Unsure		Total	Weighted Average
Tobacco (cigarettes/cigars/pipes/smokeless chew)	1.93%	16	9.18%	76	38.89%	322	44.20%	366	5.80%	48	828	3.43
Vaping/e-cigarettes	1.93%	16	6.76%	56	27.54%	228	56.40%	467	7.37%	61	828	3.61
Alcohol	1.70%	14	11.18%	92	42.77%	352	35.36%	291	8.99%	74	823	3.39
Misusing prescription drugs	1.21%	10	7.00%	58	32.61%	270	46.50%	385	12.68%	105	828	3.62
Misusing over the counter medication	1.45%	12	15.70%	130	35.51%	294	28.14%	233	19.20%	159	828	3.48
Marijuana or synthetic marijuana	4.47%	37	15.10%	125	32.25%	267	34.90%	289	13.29%	110	828	3.37
Other illegal drugs (Meth/Cocaine/Heroin/Spice/K2)	1.09%	9	5.91%	49	27.02%	224	53.20%	441	12.79%	106	829	3.71

Answered 830

Skipped 75

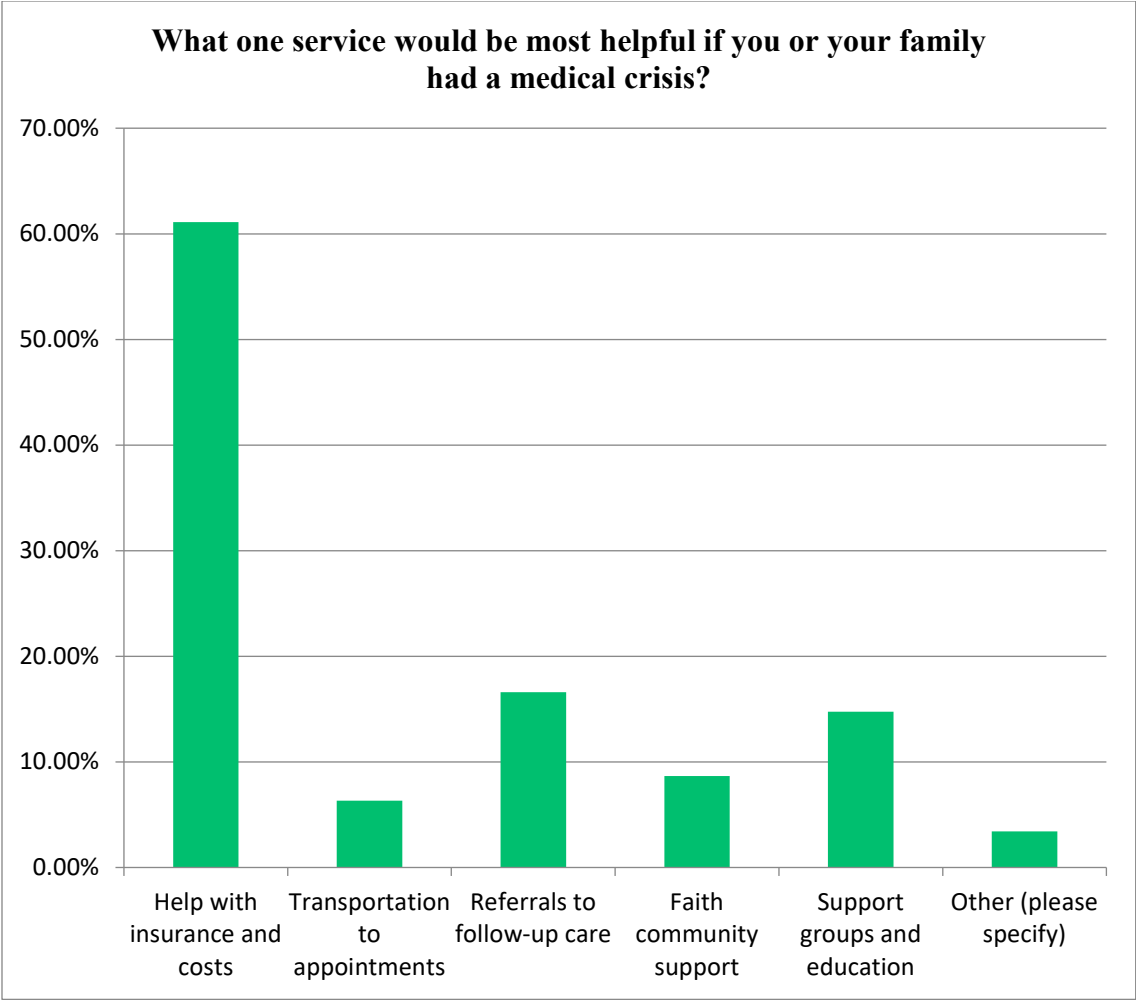
How Much of a Problem is the Use of Various Drugs in Youth Under 21 Years Old?



How Much of a Problem is the Use of Various Drugs in Youth Under 21 Years Old?

	No Problem		Little Problem		Medium Problem		Big Problem		Unsure		Total	Weighted Average
Tobacco (cigarettes/cigars/pipes/smokeless chew)	0.97%	8	13.65%	113	33.21%	275	41.43%	343	10.75%	89	828	3.47
Vaping/e-cigarettes	0.85%	7	4.11%	34	17.29%	143	69.65%	576	8.10%	67	827	3.8
Alcohol	1.09%	9	10.30%	85	35.64%	294	40.00%	330	12.97%	107	825	3.53
Misusing prescription drugs	1.82%	15	13.58%	112	30.91%	255	32.24%	266	21.45%	177	825	3.58
Misusing over the counter medication	2.06%	17	17.55%	145	28.69%	237	26.63%	220	25.06%	207	826	3.55
Marijuana or synthetic marijuana	2.18%	18	11.62%	96	28.33%	234	41.53%	343	16.34%	135	826	3.58
Other illegal drugs (Meth/Cocaine/Heroin/Spice/K2)	1.45%	12	9.44%	78	27.72%	229	40.44%	334	20.94%	173	826	3.7
Answered											829	
Skipped											76	

Individuals completing the survey were asked to identify the one service that would be most helpful during a medical crisis. The following is the response.



What one service would be most helpful if you or your family had a medical crisis?

Answer Choices	Responses	
Help with insurance and costs	61.10%	501
Transportation to appointments	6.34%	52
Referrals to follow-up care	16.59%	136
Faith community support	8.66%	71
Support groups and education	14.76%	121
Other (please specify)	3.41%	28
Answered		820
Skipped		85

The final series of non-demographic questions solicited input about personal health behaviors, support systems, stress levels, perceived health ratings, life satisfaction and legal documentation regarding a healthcare representative. The following is a summary of the community's input.

	0-1		2-4		5+		Total	Weighted Average
How many servings of fruit/vegetables do you usually eat each day?:	24.76%	206	65.87%	548	9.38%	78	832	1.85

	Never		Sometimes		Always		Total	Weighted Average
I have access to healthy food daily:	0.36%	3	21.31%	176	78.33%	647	826	2.78

	0-10 minutes		10-20 minutes		20-30 minutes		30+ minutes		Total	Weighted Average
Circle the minutes of active living per day: walking, biking, exercising, etc. (both planned or moving naturally)	10.35%	86	21.66%	180	28.04%	233	39.95%	332	831	2.98

	0 (none)		1		2		3		4		5 or more		Total	Weighted Average
If you had a personal or medical crisis in the middle of the night, how many people (family & friends) could you call for help?	2.28%	19	7.81%	65	16.95%	141	15.50%	129	11.90%	99	45.55%	379	832	4.64

	0 (strongly disagree)		1	2	3	4	5 (strongly agree)		Total	Weighted Average				
I regularly participate with at least (1) group of people that provides me with enjoyment, a sense of meaning/purpose , and personal support such as a faith organization, club, work friends, neighbors, team, etc.	4.95%	41	7.12%	59	8.93%	74	11.58%	96	15.92%	132	51.51%	427	829	4.81

0 none														Weighted Average
1		2		3		4		5 (crisis)		Total				
Rate your stress level in your daily life.	2.05%	17	12.44%	103	28.02%	232	40.82 %	338	14.13 %	117	2.54 %	21	828	3.6

0 (terrible)														1	2	3	4	5 (great)	Total	Weighted Average
Rate your physical health.	1.08%	9	5.06%	42	16.39%	136	39.04%	324	30.84%	256	7.59%	63	830	4.16						

0 (terrible)														Total	Weighted Average
1		2		3		4		5 (great)							
Rate your mental health:	0.48 %	4	4.0 9%	34	11.6 7%	97	25.6 3%	213	37.4 2%	111	20.7 0%	72	831	4.58	

	0 (strongly disagree)		1		2		3		4		5 (strongly agree)		To tal	Weighted Average
I am satisfied with my life:	0.72%	6	2.89%	24	7.10%	59	22.02%	183	36.22%	301	31.05%	258	831	4.83

I completed a legal document that identifies my healthcare representative if I am unable to make my own decisions.

Answer Choices	Responses	
Yes	38.73%	318
No	50.91%	418
Unsure	10.35%	85

