

THE HISTORY OF **WOMEN HELPING WOMEN**.

Women Helping Women has been a pillar of breast cancer awareness, prevention, and advocacy in our community for decades. Through our annual Women Helping Women Celebration, the Hancock Health Foundation raises funds to provide life-saving health services for underinsured and uninsured women living in and around Hancock County.

In 1998, a Women's Health Task
Force identified a community
need for breast health education
and funding for mammograms
for those without insurance.
Foundation Director, Myra Bleill,
along with a group of dedicated
volunteers, created Women
Helping Women to help fill this
need, and the first fundraising
dinner was held. Since then, the
program has grown tremendously
in size and scope.

The first Women Helping Women Celebration raised enough to pay for 26 mammograms. Now, the program covers screening and diagnostic mammograms, pelvic exams and ultrasounds, clinical breast exams, biopsies, bone density screenings as well as providing education, navigation, and support services.

THE WOMEN'S CLINIC

The Women's Clinic at Hancock Regional Hospital, which is located within the James T. Anderson, M.D. Center for Women's Health, serves at-risk uninsured or underinsured women who meet income guidelines. The clinic provides basic health services, including clinical breast exams, and screening and diagnostic breast procedures (including mammograms, ultrasounds and biopsies), gynecological services including Pap and pelvic exams, hormone replacement counseling, birth control counseling, and nonsurgical gynecologic issues. Services are available to men too, if needed. The clinic is staffed by an experienced women's health nurse practitioner and a clinic coordinator and overseen by a Hancock OB/GYN physician. The clinic is open to all women, both insured and uninsured. Funding for the Women's Clinic comes from multiple sources, but a large portion of the clinic is funded through donations to Women Helping Women. For information or appointments, please call the clinic coordinator at (317) 468-4641. (See image of the Women's Clinic on the back page.)

■ Hancock Health
■ Foundation

PATIENT TESTIMONIAL MELBA SALMON

"I am self-employed and therefore do not have health insurance, so after finding out I was BRCA-positive, I worried about the cost of frequent screenings and procedures. Women Helping Women not only made it



possible for me to receive these health services, but the clinic staff have walked along side me through this entire journey. Thank you to everyone who donates to Women Helping Women. You are truly saving peoples' lives."

WOMEN HELPING WOMEN CELEBRATION

The Annual Women Helping Women celebration has become one of the largest fundraising events in Hancock County. Held in October of each year to coincide with Breast Cancer Awareness Month, the event includes a dinner, auction, speakers and honoring those who have battled breast cancer. While it was initially created as a women-only event, the Women Helping Women Celebration of today looks much different with attendees of all ages, genders and walks of life. If women's health is important to you, this is the place to be! Visit the Hancock Health Foundation website for information about the annual event.



THE WOMEN HELPING WOMEN COMMITTEE

The Women Helping Women committee is made up of individuals who are committed to improving women's health in our community.

Many of these volunteers are breast cancer survivors themselves or have someone close to them who has fought the disease. The committee spends a few months each year planning and organizing the Women Helping Women Celebration. There are a variety of volunteer opportunities within this committee- from sponsorships to decorations to the basket auction- and we are always looking for new committee members.

If you're interested in joining this fun group, call the Foundation office at (317) 468.4106.

